Dear Friends,

Summer means exploring our parks!

Whether you enjoy playing a sport, having a picnic, or hiking a new trail, our 424 parks and more than 250 miles of trails are ready for you! In the pages of this guide, you can find a wide range of in-person and virtual programs on topics such as nature, history, art, and wellness. Summer is the perfect time to try out a new activity, reconnect with a favorite pastime, or take that class you have been eyeing.

I also invite you to visit the new Josiah Henson Museum & Park. The museum, located in North Bethesda on the property where Josiah Henson was once enslaved, interprets Henson’s inspirational life story, and educates visitors about the history of slavery in Montgomery County and ongoing struggles for racial equity and justice. After my first visit to the completed museum I found it so moving that I came back a few days later to spend more time studying the exhibits and thinking about Henson and his life.

To stay up to date on the latest parks news, events, classes and programs, sign up to receive the Montgomery Parks E Newsletter at www.montgomeryparks.org/newsletter and following @MontgomeryParks on Facebook, Twitter, Instagram or Nextdoor.

Wishing you a healthy and happy summer,
Casey Anderson
Chair, Montgomery County Planning Board and Chair, The Maryland National Capital Park and Planning Commission

MONTGOMERY PARKS SUMMER 2021

Agricultural & Historical Programs
Agricultural History Farm Park Programs & Events .............................................41
Josiah Henson Programs & Events ....................................................................42
Oakley Cabin Programs & Events .....................................................................43
Woodlawn Manor Cultural Park Programs & Events .....................................44

Nature & Horticultural Programs
Brookside Gardens Programs & Events ............................................................45
Black Hill Visitor Center Programs & Events ....................................................48
Brookside Nature Center Programs & Events ..................................................53
Locust Grove Nature Center Programs & Events ....................................57
Maydale Nature Classroom Programs & Events ..............................................59
Meadowside Nature Center Programs & Events ..............................................61

Sports Programs
Golf and Archery @ South Germantown Driving Range.............................64
Ice Skating and Hockey @ Cabin John and Wheaton Ice .........................66
Tennis @ Pauline Betz Addie and Wheaton Indoor Tennis .......................75

More to Do in the Parks
Volunteer Opportunities .....................................................................................38
Rainout Line for Trails and Athletic Fields ............................................................39
Park Activity Buildings & Park Permits ...............................................................40

Information & Registration
Montgomery Parks Facility Directory .................................................................36
Registration Information for Parks & Recreation ...........................................81
ActiveMontgomery Registration Form for Parks & Recreation .....................82

Registration Opens
...Monday, MAY 10TH for BROOKSIDE GARDENS, NATURE CENTERS, HISTORICAL, CULTURAL, DRIVING RANGE GOLF AND ARCHERY PROGRAMS

...Tuesday, JUNE 8TH for ICE SKATING, HOCKEY, AND TENNIS PROGRAMS*
*ONLY ONE TERM THIS SEASON FOR ICE & TENNIS

Programs are subject to change. For the most up-to-date listings visit:

MONTGOMERYPARKS.ORG
MONTGOMERY PARKS Directory

ARCHERY

Classes offered in South Germantown Recreational Park
See contact information under "Driving Range/Golf" with questions.

BOATING & FISHING

Black Hill Boats • Black Hill Regional Park
20920 Lake Ridge Drive, Boyds, MD 20841
301-528-3466 Boat House
www.BlackHillBoats.org

Lake Needwood Boats • Rock Creek Regional Park
15700 Needwood Lake Circle, Rockville, MD 20855
301-563-7540 recorded info • 301-563-7544 in season
www.LakeNeedwoodBoats.org

CAMPING

Little Bennett Campground • Little Bennett Regional Park
23705 Frederick Road, Clarksburg, MD 20871
301-528-3430 • LittleBennettCampground@MontgomeryParks.org
www.LittleBennettCampground.org

CAROUSEL

Ovid Hazen Wells Carousel • Wheaton Regional Park; see “Trains”

CULTURAL & HISTORIC ATTRACTIONS

Visit www.HistoryInTheParks.org for more information and sites.

Agricultural History Farm Park
18400 Muncaster Road, Derwood, MD 20855
301-840-5120 • www.HistoryInTheParks.org

Oakley Cabin African American Museum
3610 Brookeville Road, Olney, MD 20832
301-650-4373 • www.OakleyCabin.org

Underground Railroad Experience Trail
16501 Norwood Rd., Sandy Spring, MD 20860
301-929-5989 • www.HistoryInTheParks.org

Woodlawn Manor Cultural Park
16501 Norwood Road, Sandy Spring, MD 20860
301-929-5989 • www.HistoryInTheParks.org

DOG PARKS

Black Hill Regional Park Dog Park
20930 Lake Ridge Drive, Boyds, MD 20841
On Picnic Lane, SE of boat rentals on Lake Ridge Dr.

Cabin John Regional Park Dog Park
10900 Westlake Drive, Bethesda, MD 20876

Ellsworth Urban Park Dog Park
621 Ellsworth Drive, Silver Spring, MD 20910
South of the playground, entrance off Colesville Rd.

Olney Manor Recreational Park Dog Park
16601 Georgia Avenue, Olney, MD 20832
Near Baillfield #4, across from the concession stand

Ridge Road Recreational Park Dog Park
21155 Frederick Road, Germantown, MD 20876
North of the soccer field, west of the in-line hockey rink

Wheaton Regional Park Dog Park
11717 Oreaugh Avenue, Silver Spring, MD 20902
East of Wheaton Sports Pavilion; use Oreaugh Avenue entrance

*Equestrian facilities are managed by private operators through partnerships with the Maryland-National Capital Park and Planning Commission.

DRIVING RANGE/GOLF

South Germantown Driving Range
18045 Central Park Circle, Boyds, MD 20841
301-670-4670 • www.SGDrivingRange.com

EVENT CENTERS

Montgomery Parks Event Centers are the natural choice for a wedding, anniversary, family reunion, retirement party, business meeting or retreat!

Brookside Gardens • Wheaton Regional Park
1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1404 • Event.Manager@MontgomeryParks.org
www.ParkEventCenters.org or www.BrooksideGardens.org

Seneca Lodge
14500-A Clopper Road, Boyds, MD 20841
301-528-6010 • SenecaLodge@MontgomeryParks.org
www.ParkEventCenters.org or www.LodgeatSeneca.org

Rockwood Manor
11001 MacArthur Boulevard, Potomac, MD 20854
301-563-7510 • RockwoodManor@MontgomeryParks.org
www.ParkEventCenters.org or www.RockwoodManor.org

GARDENS

Brookside Gardens • Wheaton Regional Park
1800 Glenallan Ave., Wheaton, MD 20902
301-962-1400 general information • 301-962-1404 event rentals
www.BrooksideGardens.org

McCrillis Gardens
6910 GreenTree Road, Bethesda, MD 20817
301-962-1455 • www.McCrillisGardens.org

GOLF*

*Golf courses are operated by the Montgomery County Revenue Authority. Visit www.MCGGolf.com for information.

Little Bennett Golf Course • 301-253-1515

Needwood Golf Course • 301-948-1075

Northwest Park Golf Course • 301-598-6100

Sligo Creek Golf Course • 301-585-6006

HORSEBACK RIDING & STABLES*

Callithea Farm Park
15000 River Rd., Potomac, MD 20854 • 301-977-8010

Meadowbrook Riding Stables
8200 Meadowbrook Lane, Chevy Chase, MD 20815
301-589-9026 • www.MeadowbrookStables.org

Potomac Horse Center
14211 Quince Orchard Rd., N. Potomac, MD 20878
301-208-0200 • www.PotomacHorse.com

Rickman Farm Horse Park
17320 Moore Rd., Boyds, MD 20841
1-301-349-0075 • www.GreatandSmallRide.org

Wheaton Regional Park Stables
1101 Glenallen Ave., Wheaton, MD 20902
301-622-2424 • www.WheatonParkStables.com

Woodstock Equestrian Park
20100 Darnestown Rd., Beallsville, MD 20839
240-498-2412 • www.EquestrianPark.org

Program Access (Inclusion Services) 301-495-2581. | ProgramAccess@MontgomeryParks.org | TTY 301-439-0579
ICE SKATING
Cabin John Ice Rink
Cabin John Regional Park
10610 Westlake Drive, Rockville, MD 20852
301-765-8620 • www.CabinJohnIce.org
Classes for all ages and skill levels, private instruction, camps, public skating sessions, party rooms and more.

Wheaton Ice Arena
Wheaton Regional Park
11717 Oreauba Avenue, Wheaton, MD 20902
301-905-3030 • www.WheatonTennis.org
Montgomery TennisPlex*
MontgomeryTennisPlex.org
in South Germantown Recreational Park
18010 Central Park Circle, Boyds, MD 20841
240-477-4430 • www.MontgomeryTennisPlex.com
*This facility is managed by a private operator through a partnership with the Maryland-National Capital Park and Planning Commission. Please contact them directly for more information about their classes and programs.

MINIATURE GOLF
South Germantown Miniature Golf
18 hole miniature course with 9 wheelchair accessible holes.
South Germantown Recreational Park
18056 Central Park Circle, Boyds, MD 20841
301-670-4680 • www.SplashandGolf.com

NATURE CENTERS
Black Hill Visitor Center
Black Hill Regional Park
20926 Lake Ridge Dr., Boyds, MD 20841
301-528-3492 • www.BlackHillNature.org
Brookside Nature Center
Wheaton Regional Park
1400 Glenallan Avenue, Wheaton, MD 20902
301-962-1480 • www.LocustGroveNature.org
Locust Grove Nature Center
Cabin John Regional Park
7777 Democracy Boulevard, Bethesda, MD 20817
301-765-8660 • www.LocustGroveNature.org
Meadowside Nature Center
Rock Creek Regional Park
5100 Meadowside Lane, Rockville, MD 20855
301-258-4030 • www.MeadowsideNature.org

SPASH PARK
South Germantown SplashPark
Kids will have an excellent time staying cool and playing in the large interactive SplashPark.
South Germantown Regional Park
18056 Central Park Circle, Boyds, MD 20841
301-670-4680 • www.SplashandGolf.com

SKATEBOARDING, INLINE SKATING & BMX
Olney Manor Skate Park
Olney Manor Regional Park
16601 Georgia Avenue, Olney, MD 20832
301-905-3095 • www.OlneyManorSkate.com
OMSP is an unsupervised facility; admission is free. See web for details.

CUPF Schedules All Athletic Fields
All scheduling for Montgomery Parks outdoor athletic fields is managed by the Office of Community Use of Public Facilities (CUPF). To reserve a field, visit www.MontgomeryCountyMD.gov/CUPF or call 240-777-2725.

Montgomery Parks: Part of the Maryland-National Capital Park and Planning Commission
Volunteering in Montgomery Parks is such a natural thing to do!

We love the folks in our community who get involved—and we think you’ll love volunteering with us too. Due to continuing updates of COVID-19 policy, our summer volunteer openings are going to just be shown on our website ParksVolunteers.org for now.

Thank you for all you do.

We love our volunteers!

We look forward to seeing you soon!
Trails Open? Game On?

Montgomery Parks
Rainout Line

When inclement weather occurs Montgomery Parks has you covered. Use the RainoutLine system to get instant information on Montgomery Parks Trails and MCP athletic fields.

Get Trail Conditions
(240) 270-0008
MontgomeryParks.org/RainoutLine

Get Athletic Field Status
(301) 579-5610
MontgomeryParks.org/RainoutLine

Or visit RainoutLine.com and search for Montgomery Parks - Sign up for email or text messages at RainoutLine.com - Download the free iPhone or Android Mobile App

MontgomeryParks.org/RainoutLine
the **perfect** place to gather!

**PARK ACTIVITY BUILDINGS | PICNIC AREAS**

Park Activity Buildings and Picnic Shelters in Montgomery Parks are ideal for family and social gatherings, special events, meetings and more!

Hours: 8:30 am-5:00 pm, Monday-Friday
Email: parkpermits@montgomeryparks.org

[Website]: ParkPermits.org | 301-495-2525
See the past, present, and future of Montgomery County farming at the Agricultural History Farm Park. This scenic 455 acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals. Get a unique perspective on the county’s rich farming heritage while visiting the park. Park is open daily, sunrise to sunset. Visit our website at AgHistoryFarm.org for current programming and event information.
Josiah Henson Museum & Park

Maryland’s newest museum of African American history!

The NEW Josiah Henson Museum & Park in North Bethesda, Maryland, commemorates the life of Reverend Josiah Henson (1789–1883). He was renowned as an Underground Railroad hero, abolitionist and author. Reverend Henson’s autobiography helped inspire the fictional anti-slavery novel, *Uncle Tom’s Cabin* by Harriet Beecher Stowe.

The museum’s exhibits and programs celebrate the challenging and inspiring life of Reverend Henson, educate visitors about enslavement in Maryland, and promote an appreciation of the African American experience of Montgomery County.

OPENING APRIL 23, 2021

Admission required. Pre-registrations only via ActiveMontgomery.org. Walk-in guests are currently not permitted.

JOSIAH HENSON MUSEUM & PARK
11410 Old Georgetown Road | North Bethesda, Maryland 20852
240.772.7909 | JosiahHenson.org

Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: ProgramAccess@MontgomeryParks.org
Non Discrimination: MontgomeryParks.org/about/parks/

Facebook.com/JosiahHensonMuseum
Oakley Cabin
African American Museum & Park

Explore the rich history of Oakley Cabin’s African American roadside community. Learn how these tenant farm families lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County’s history. At the center of this site is Oakley Cabin, which was inhabited until 1976 and now serves as a living history museum. Park is open daily, sunrise to sunset. Visit our website at HistoryInTheParks.org for current programming and event information.

Montgomery Parks’ facilities and programs are taking precautionary measures, which are in accordance with the Center for Disease Control and Prevention as well as state and county guidelines. For more information visit: montgomerycountymd.gov/covid19

OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK
3610 Brookeville Road | Olney, MD 20832
HistoryInTheParks.org | 301 650 4373
Program Access (Inclusion Services) 301 495 2581
ProgramAccess@MontgomeryParks.org | TTY 301 439 0579
Woodlawn Manor Cultural Park

16501 Norwood Road • Sandy Spring, MD 20860
301-929-5989 • MCP-WoodlawnPrograms@montgomeryparks.org
Park grounds and trail open dawn to dusk daily.

Montgomery Parks’ facilities and programs are taking precautionary measures, which are in accordance with the Center for Disease Control and Prevention as well as state and county guidelines. For more information visit: https://www.montgomerycountymd.gov/covid19.

Explore history by hiking the Underground Railroad Experience Trail, or walk the peaceful and historic park grounds. Park is open sunrise to sunset. Visit our website at WoodlawnManor.org for current programming and event information.
Children’s Programs

**Flower Buds**
This program meets the second Monday of every month. We will feature gardening activities, stories, crafts and garden walks for children ages 3-5 with a parent.

**Ages:** 3 - 5yrs **Fee:** $7
**Course #105231** • Monday, Jun. 14 • 10:30 am-12 pm
**Course #105236** • Monday, Jul. 12 • 10:30 am-12 pm
**Course #105237** • Monday, Aug. 9 • 10:30 am-12 pm

**Adult Programs**

**Testing the Limits: Adventures in Zone-Pushing**

**Speaker Series**
This lecture will be offered as a live online webinar with audience Q&A throughout the presentation. After registering, a link will be emailed to you 24 hours prior to the live webinar. Please ensure your Active Montgomery account is updated with your correct email address.

You don't have to live in the tropics to garden with bold, exotic, and unusual plants. Many of the garden plants you might expect to see in southern zones love our long, hot, and humid mid-Atlantic summers and some of them are hardier than you think! This workshop will help you liven up your garden by incorporating new and rare plants in addition to staples like palms, bananas and elephant ears that are reliably hardy for our region.

**How Climate Change is Affecting Our Temperate Eastern Forest**

**Bio:** Angelica Patterson, Master Science Educator, Black Rock Forest
As we face global historical declines in large-scale agriculture, timber harvesting and wildfires, the northeastern US forests are becoming one of the fastest growing sources of removing carbon dioxide from our atmosphere. However, increasing temperatures are leading to tree migration and altering the makeup of our forests. In this lecture, you'll learn how global warming is creating a disadvantage for our native trees and negatively affecting the ability of northeastern forests to store carbon and ultimately protect us from climate change.

**Bio:** Angelica Patterson is the Master Science Educator at Black Rock Forest. She received her B.S. degree in Natural Resources from Cornell University and her M.A. and M.Phil degrees from Columbia University, where she is currently completing her doctoral degree in plant ecophysiology. Patterson is a strong advocate for diversity, equity, and inclusion in the environmental sciences and has served on various committee and working groups. She has served as a speaker at several US universities, environmental organizations, and K-12 institutions, and has recently been profiled in The Guardian, The Forestry Service, and the National Environmental Education Foundation.

**Ages:** 18 & Up **Fee:** Free
**Course #107023** • Saturday, Jun. 12 • 10-11:30 am

**About John Boggan**
John is a botanist, garden blogger, and plant breeder. He has a degree in Systematic Botany from Cornell University and has worked as a botanist for the Smithsonian Institution’s National Museum of Natural History since 1991. John gardens in Washington, DC and Rehoboth Beach, Delaware, with an interest in new and unusual plants and writes a blog called "DC Tropics". He has been an amateur plant breeder for over 30 years and his latest project is the development of hardy begonia hybrids.

**Ages:** 18 & Up **Fee:** $12 **FOBG:** $10
**Course #107032** • Saturday, Jun. 5 • 10-11:30 am

FOBG = Friends of Brookside Gardens
A New Garden Ethic

**Speaker Series**

Bio: Benjamin Vogt, Author & Owner, Monarch Gardens

In a time of mass extinction and climate change, how and for whom we garden matters more than ever. Our built landscapes reflect social ethics and values that guide our response to reviving wildness in and outside the urban environment. How can we recognize and develop compassion for other species? What role do native plants have in opening us to the perspective of others? What happens to our society when we advocate for the equality and freedom of a silent majority? Through ecology, psychology, landscape design, horticulture, philosophy, social science, and over 100 inspiring images, we’ll explore the rich complexity of rethinking pretty and what a garden means in the anthropocene.

Bio: Benjamin Vogt owns Monarch Gardens, a prairie-inspired design firm, and is the author of A New Garden Ethic: Cultivating Defiant Compassion for an Uncertain Future. His writing and photography have appeared in such publications as The American Gardener, Garden Design, and Orion, while over the course of five years he wrote an award-winning column at Houzz with over 3 million readers. Benjamin has a PhD from the University of Nebraska and lives in Lincoln with his wife and son.

Ages: 18 & Up Fee: Free
Course #107024 • Saturday, Jul. 10 • 10-11:30 am

**Garden Tours**

**Brookside Gardens Rose Garden Tour**

Roger Haynes, Rosarian, Brookside Gardens

Brookside Gardens is known for its summer rose garden that provides a radiant profusion of color and fragrance. Explore over 100 different types of roses with our resident rosarian, Roger Haynes, as he leads this popular tour. Thinking about adding roses to your own garden? Roger will offer advice on the best types that grow well in a variety of garden settings including proper planting and care.

*Meet by the fountain in the Rose Garden

Ages: 18 & Up Fee: $10 FOBG: $8
Course #107800 • Thursday, Jun. 3 • 10-11 am
Course #107801 • Thursday, Jun. 3 • 1:30-2:30 pm

Art Programs

**Advanced Techniques with New Graphite Media**

Instructor: Deborah Shaw *Note: Fee includes specialized art supplies that will be mailed to you prior to class.

Delight in the fruits, leaves and flowers of Summer while expanding your repertoire of graphite techniques! This workshop will explore application with traditional pencils, as well as new graphite media, including water-soluble graphite, graphite dust, and more. Create deep ranges of tonal values; white or light veins and details on dark petals and leaves; large, smooth, even tones; and, detailed textures.

NOTE: All botanical art courses will be taught online using Zoom, a free online application. Students will need access to a computer that has a built-in camera or a smart phone.

The instructors will use a combination of live demonstrations and short pre-recorded videos during the online workshops to demonstrate techniques and review concepts. Students will be able to work on their assignment during the week between each session. During each three-hour session students will have the opportunity to ask questions and submit their artwork via email or share it live during the class for review by the instructor. Level: Intermediate to advanced

Prerequisite: Intermediate courses in botanical art & illustration

Ages: 18 & Up Fee: $210 FOBG $189
Course #107021 • Saturday, Jun. 5 • 10 am-1 pm
Health & Wellness

Tai Chi at Brookside Gardens
Guest Instructor: Charles Votaw  Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The repetitive patterns (Forms) emphasize slow, flowing motions and controlled movements. This series of introductory classes will help beginners learn the forms while allowing regular practitioners to practice them under the cover of Brookside Gardens' lakeside Japanese tea house.

Ages: 18 & Up  Fee: $12  FOBG: $10
Course #107083 • Wednesday, Jun. 2 • 9-10:15 am
Course #107084 • Wednesday, Jun. 9 • 9-10:15 am
Course #107085 • Wednesday, Jun. 16 • 9-10:15 am
Course #107086 • Wednesday, Jun. 23 • 9-10:15 am
Course #107087 • Wednesday, Jun. 30 • 9-10:15 am
Course #107088 • Wednesday, Jul. 7 • 9-10:15 am
Course #107089 • Wednesday, Jul. 14 • 9-10:15 am
Course #107090 • Wednesday, Jul. 21 • 9-10:15 am
Course #107091 • Wednesday, Jul. 28 • 9-10:15 am

Yoga at Brookside Gardens
*Note: No walk-ins will be accepted. Class size limited to 25 people and participants are required to wear face masks during the class. Tanory Ateek  In-person yoga at Brookside Gardens is back! Come enjoy one or all 16 sessions of yoga held in a peaceful setting in an open field at the edge of a forest behind the Visitor Center. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included.

Ages: 18 & Up  Fee: $12  FOBG: $10
Course #107068 • Saturday, Jun. 5 • 9:30-10:30 am
Course #107069 • Saturday, Jun. 12 • 9:30-10:30 am
Course #107070 • Saturday, Jun. 19 • 9:30-10:30 am
Course #107071 • Saturday, Jun. 26 • 9:30-10:30 am
Course #107072 • Saturday, Jul. 3 • 9:30-10:30 am
Course #107073 • Saturday, Jul. 10 • 9:30-10:30 am
Course #107074 • Saturday, Jul. 17 • 9:30-10:30 am
Course #107075 • Saturday, Jul. 24 • 9:30-10:30 am
Course #107076 • Saturday, Jul. 31 • 9:30-10:30 am
Course #107077 • Saturday, Aug. 7 • 9:30-10:30 am
Course #107078 • Saturday, Aug. 14 • 9:30-10:30 am

Shinrin-yoku: The Art of Forest Bathing
Ana Ka’ahanui, certified Forest Therapy Guide  Meet at the Visitor Center Entrance  During the April sessions you'll be led on a forest bathing walk through the springtime blossoms and leafing trees at Brookside Gardens. Experience the incomparable beauty of the springtime ephemerals as you stroll the grounds at a slow pace, stopping to smell the flowers, hear the birds, and ponder the many small miracles of spring unfolding. Participants in the June session will be stimulated by the vivid colors and rich fragrances of summer annuals and perennials including lush blooms in the rose garden.

About Forest Bathing
The Forest Agency of Japan began promoting forest bathing, or shinrin-yoku, in the 1980s as a response to the stresses of urban living and long work hours. This nature-oriented mindfulness practice, which is rooted in the traditional Japanese reverence for the natural world, has since become popular all over the world, bringing joy and improved mental and physical health to millions of people. Numerous health studies have confirmed forest bathing's benefits and doctors and nurses in our region are taking note. Many are prescribing "Nature" to their patients.

Ages: 18 & Up  Fee: $30  FOBG: $27
Course #107045 • Saturday, Jun. 12 • 9:30-11:30 am
Course #107046 • Saturday, Jun. 19 • 9:30-11:30 am
JUNE 2021

6/2 Fishing with the Li'l Ones
Let’s go fishin’! We’ll provide poles and bait, then see what we can catch off of the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals.
Ages: 3 - 6yrs Fee: $7 FOBH $6
Course: #115366 • Wed, Jun. 2 • 9-10:30 am

6/7 Nature Girls Club
Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered virtual Nature Girls Club. There are six Microsoft Teams virtual sessions with a Park Naturalist, a once a month in-person family adventure, and a box of take-home supplies to pick up that will help you learn. Meetings are bimonthly through June and July, beginning on June 7.
Ages: 7 - 12yrs Fee: $40
Course: #115368 • Mon, Jun. 7 • 4:30-5:30 pm

6/10 Nature Time with the Grands
Join us for a virtual Microsoft Teams nature time session designed for grandparents and grandchildren to enjoy nature together. No matter where in the world they are, grandparents and grandchildren can log on together to explore a nature topic with a naturalist and do some nature inspired activities with each other. Please register one person for each device (computer) that will be logging into the virtual session.
Ages: 1 & Up Fee: $3/device
Course: #115369 • Thu, Jun. 10 • 2-3 pm

6/12 Family Fishing Fun!
Fishing is fun for the whole family and for all abilities! We’ll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We’ll provide the bait and rigging supplies - you just need to catch the fish! We have fishing poles you can borrow, but if you have your own please bring it along so you can practice with your own gear. Fisher-people of all abilities are welcome. Please register only those planning to fish. All registrants 16 and over must have a current Maryland fishing license. Meet at the pontoon boat dock by the boat rentals.
Ages: 3 & Up Fee: $12 FOBH $11
Course: #115372 • Sat, Jun. 12 • 8:30-10:30 am
**6/12 Nature Hunt**
Let's take "I Spy" to the next level in the great outdoors. Drop by the visitor center to pick up a scavenger hunt sheet, get some helpful hints, and then head out on your hunt for natural treasures! When you've finished, come back to the visitor center to get a prize. You can come by anytime during program hours! Registration is required for all attending.

Ages: 1 & Up  
Fee: Free  
Course: #115375  •  Sat, Jun. 12  •  1-4 pm

**6/13 Take & Make It: Fabulous Flowers**
A new twist on an old favorite! Come by the Visitor Center to pick up a craft kit to work on at home. Today's craft is all about flowers! Kits will have most of the supplies needed and instructions to make a craft at home. Stop by anytime during program hours to pick up your craft kit. Registration required.

Ages: All Ages  
Fee: $2  
Course: #115384  •  Sun, Jun. 13  •  1-4 pm

**6/16 Virtual Storytime: "Diary of a Worm"**
Join us for a seasonal nature story from the comfort of your own home. Sign up for a Microsoft Teams session where we will share a nature story, have a nature show-and-tell, and show you a craft you can make with supplies at home. Today's story is "Diary of a Worm" by Doreen Cronin.

Ages: 2 - 5yrs  
Fee: $2  
Course: #115388  •  Wed, Jun. 16  •  10-10:30 am

**6/18 Play Day in the Park**
Toddlers of all abilities are invited to explore the exciting natural world around the visitor center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the visitor center to being your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome, but the prompts and materials will be geared towards kids aged one to three. Registration required.

Ages: 6m - 3yrs  
Fee: Free  
Course: #115391  •  Fri, Jun. 18  •  10 am-2 pm

**6/19 Take & Make It: Fireflies**
A new twist on an old favorite! Come by the Visitor Center to pick up a craft kit to work on at home. Today's craft is all about fireflies! Kits will have most of the supplies needed and instructions to make a craft at home. Stop by anytime during program hours to pick up your craft kit. Registration required.

Ages: All Ages  
Fee: $2  
Course: #115385  •  Sat, Jun. 19  •  1-4 pm

**6/19 Campfires at Black Hill**
There's nothing like sitting around a campfire under the stars! Join a naturalist for themed songs, stories, games, and of course, s'mores around the fire. Meet at the campfire area by Shelter F on Parking Lot 3 in Black Hill Regional Park. Bring a blanket if it's chilly.

Ages: 1 & Up  
Fee: $6  
FOBH $5  
Course: #115394  •  Sat, Jun. 19  •  8-9 pm

**6/20 Take & Make It: Hummingbirds**
A new twist on an old favorite! Come by the Visitor Center to pick up a craft kit to work on at home. Today's craft is all about our jeweled garden visitors, hummingbirds! Kits will have most of the supplies needed and instructions to make a craft at home. Stop by anytime during program hours to pick up your craft kit. Registration required.

Ages: All Ages  
Fee: $2  
Course: #115386  •  Sun, Jun. 20  •  1-4 pm

**6/22 Babes in a Backpack**
Let's go outside and hike together to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet-up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Please register everyone; only adults pay.

Ages: All Ages  
Fee: $2/adult  
Course: #115397  •  Tue, Jun. 22  •  10 am-12 pm

**6/26 Outdoor Kids Yoga**
Nature and yoga provide essential therapeutic benefits to children of all ages. Join a certified Child Light yoga instructor and explore varying themes in nature that will help children become more at ease in their world. Class takes place outside next to the visitor center; accompanying adult is free.

Ages: 2 - 6yrs  
Fee: $6  
FOBH $5  
Course: #115400  •  Sat, Jun. 26  •  9:30-10:30 am

**6/27 Take & Make It: Sun Art**
A new twist on an old favorite! Come by the Visitor Center to pick up a craft kit to work on at home. Today's craft is all about harnessing the power of the sun to make art! Kits will have most of the supplies needed and instructions to make a craft at home. Stop by anytime during program hours to pick up your craft kit. Registration required.

Ages: All Ages  
Fee: $2  
Course: #115387  •  Sun, Jun. 27  •  1-4 pm
JULY 2021

7/7  Nature Time with the Grands
Join us for a virtual Microsoft Teams nature time session designed for grandparents and grandchildren to enjoy nature together. No matter where in the world they are, grandparents and grandchildren can log on together to explore a nature topic with a naturalist and do some nature inspired activities with each other. Please register one person for each device (computer) that will be logging into the virtual session.
Ages: 1 & Up    Fee: $3/device
Course: #115370 • Wed, Jul. 7 • 2-3 pm

7/10  Play Day in the Park
Toddlers of all abilities are invited to explore the exciting natural world around the visitor center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the visitor center to being your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome, but the prompts and materials will be geared towards kids aged one to three.
Ages: 6m - 3yrs    Fee: Free
Course: #115392 • Sat, Jul. 10 • 10 am-2 pm

7/11  Letterboxing Hike
Come on a treasure hunt hike with us. Letterboxes are hidden all over our parks and we will guide you on a hike to find them using clues provided. Please register no later than 24 hours before the hike so we can contact you with the hike’s location and other important information. You will meet up with a naturalist who will provide you with the clues and send you on your way down the trail. Registration required for all attending.
Ages: 5 & Up    Fee: $2
Course: #115423 • Sun, Jul. 11 • 9-11 am

7/14  Virtual Storytime: "A Log's Life"
Join us for a seasonal nature story from the comfort of your own home. Sign up for a Microsoft Teams session where we will share a nature story, have a nature show-and-tell, and show you a craft you can make with supplies at home. Today’s story is "A Log's Life" by Wendy Pfeffer.
Ages: 2 - 5yrs    Fee: $2
Course: #115389 • Wed, Jul. 14 • 10-10:30 am

7/15  Babes in a Backpack
Let’s go outside and hike together to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet-up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you’ll need a backpack or carrier for younger kids and non-walkers. Please register no later than 24 hours before the hike so we can contact you with the hike’s location and other important information. Please register everyone; only adults pay.
Ages: All Ages    Fee: $2/adult
Course: #115398 • Thu, Jul. 15 • 10 am-12 pm

7/17  Stream Adventures
What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don’t mind getting wet (no flip-flops, please!). Please, each child must be accompanied by one adult only. Meet at the gravel Boat Launch parking lot on Black Hill Road.
Ages: 2 - 12yrs    Fee: $7 FOBH $6
Course: #115424 • Sat, Jul. 17 • 10-11:30 am

7/17  Campfires at Black Hill
There’s nothing like sitting around a campfire under the stars! Join a naturalist for themed songs, stories, games, and of course, s’mores around the fire. Meet at the campfire area by Shelter F on Parking Lot 3 in Black Hill Regional Park. Bring a blanket if it’s chilly.
Ages: 1 & Up    Fee: $6 FOBH $5
Course: #115395 • Sat, Jul. 17 • 8-9 pm

7/18  Meadow Hunt
Let’s take “I Spy” to the next level in the great outdoors. Drop by the visitor center to pick up a scavenger hunt sheet, get some helpful hints, and then head off to the meadow to hunt for natural treasures! When you’ve finished, come back to the visitor center to get a prize. You can come by anytime during program hours! Registration is required for all attending.
Ages: 1 & Up    Fee: Free
Course: #115427 • Sun, Jul. 18 • 1-4 pm

7/24  Nature Mobiles
Make a fun and whimsical nature mobile! Drop by the visitor center to get instructions and find a trail suitable for your family. Then head out for a hike to search for items to create your very own nature mobile. Stop by anytime during program hours! Registration required for all participants.
Ages: 1 & Up    Fee: Free
Course: #115428 • Sat, Jul. 24 • 1-4 pm

FOBH = Friends of Black Hill
### PROGRAM ACCESS
Program Access (Inclusion Services) 301-495-2581. | ProgramAccess@MontgomeryParks.org | TTY 301-439-0579

---

### AUGUST 2021

#### 7/25 Family Fishing Fun!
Fishing is fun for the whole family and for all abilities! We’ll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We’ll provide the bait and rigging supplies - you just need to catch the fish! We have fishing poles you can borrow, but if you have your own please bring it along so you can practice with your own gear. Fisher-people of all abilities are welcome. Please register only those planning to fish. All registrants 16 and over must have a current Maryland fishing license. Meet at the pontoon boat dock by the boat rentals.

- **Ages:** All Ages
- **Fee:** $7 FOBH $6
- **Course:** #115376 • Sun, Jul. 25 • 1-3 pm

#### 7/25 Nature Hunt
Let’s take "I Spy" to the next level in the great outdoors. Drop by the visitor center to pick up a scavenger hunt sheet, get some helpful hints, and then head out on your hunt for natural treasures! When you’ve finished, come back to the visitor center to get a prize. You can come by anytime during program hours! Registration is required for all attending.

- **Ages:** 1 & Up
- **Fee:** Free
- **Course:** #115376 • Sun, Jul. 25 • 1-4 pm

#### 8/1 Stream Adventures
What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don’t mind getting wet (no flip-flops, please!). Please, each child must be accompanied by one adult only. Meet at the gravel Boat Launch parking lot on Black Hill Road.

- **Ages:** 2 - 12yrs
- **Fee:** $7 FOBH $6
- **Course:** #115425 • Sun, Aug. 1 • 10-11:30 am

#### 8/8 Babes in a Backpack
Let’s go outside and hike together to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet-up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you’ll need a backpack or carrier for younger kids and non-walkers. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Please register everyone; only adults pay.

- **Ages:** All Ages
- **Fee:** $2/adult
- **Course:** #115399 • Sun, Aug. 8 • 10 am-12 pm

#### 8/11 Stargazing for Starters
Are you curious about stargazing but unsure how to get started? We get it! There’s so much to see in the night sky, but don’t worry, we’ll begin with the basic tools to start discovering the night sky. August is a good month to look for shooting stars since the Perseid meteor shower peaks from August 11-12. So join us outside the visitor center after sunset and let’s observe the night sky! Bring your own binoculars and chairs or blankets, we’ll provide the star maps. Rain date is August 12.

- **Ages:** 10 & Up
- **Fee:** $2
- **Course:** #115431 • Wed, Aug. 11 • 8:30-9:30 pm

#### 8/14 Nature Hunt
Let’s take "I Spy" to the next level in the great outdoors. Drop by the visitor center to pick up a scavenger hunt sheet, get some helpful hints, and then head out on your hunt for natural treasures! When you’ve finished, come back to the visitor center to get a prize. You can come by anytime during program hours! Registration is required for all attending.

- **Ages:** 1 & Up
- **Fee:** Free
- **Course:** #115377 • Sat, Aug. 14 • 1-4 pm

#### 8/15 Family Fishing Fun!
Fishing is fun for the whole family and for all abilities! We’ll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We’ll provide the bait and rigging supplies - you just need to catch the fish! We have fishing poles you can borrow, but if you have your own please bring it along so you can practice with your own gear. Fisher-people of all abilities are welcome. Please register only those planning to fish. All registrants 16 and over must have a current Maryland fishing license. Meet at the pontoon boat dock by the boat rentals.

- **Ages:** 3 & Up
- **Fee:** $12 FOBH $11
- **Course:** #115377 • Sun, Aug. 15 • 8:30-10:30 am

#### 8/19 Virtual Storytime: "A Butterfly is Patient"
Join us for a seasonal nature story from the comfort of your own home. Sign up for a Microsoft Teams session where we will share a nature story, have a nature show-and-tell, and show you a craft you can make with supplies at home. Today’s story is "A Butterfly is Patient" by Diana Hutts Aston.

- **Ages:** 2 - 5yrs
- **Fee:** $2
- **Course:** #115390 • Thu, Aug. 19 • 10-10:30 am

#### 8/21 Outdoor Kids Yoga
Nature and yoga provide essential therapeutic benefits to children of all ages. Join a certified Child Light yoga instructor and explore varying themes in nature that will help children become more at ease in their world. Class takes place outside next to the visitor center; accompanying adult is free.

- **Ages:** 2 - 6yrs
- **Fee:** $6 FOBH $5
- **Course:** #115401 • Sat, Aug. 21 • 9:30-10:30 am
**8/21  Campfires at Black Hill**
There's nothing like sitting around a campfire under the stars! Join a naturalist for themed songs, stories, games, and of course, s'mores around the fire. Meet at the campfire area by Shelter F on Parking Lot 3 in Black Hill Regional Park. Bring a blanket if it's chilly.
Ages: 1 & Up  Fee: $6  FOBH $5
Course: #115396 • Sat, Aug. 21 • 7:30-8:30 pm

**8/22  Hike Club**
The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information.
Ages: All Ages  Fee: $2
Course: #115433 • Sun, Aug. 22 • 8:30-10:30 pm

**8/25  Nature Time with the Grands**
Join us for a virtual Microsoft Teams nature time session designed for grandparents and grandchildren to enjoy nature together. No matter where in the world they are, grandparents and grandchildren can log on together to explore a nature topic with a naturalist and do some nature inspired activities with each other. Please register one person for each device (computer) that will be logging into the virtual session.
Ages: 1 & Up  Fee: $3/device
Course: #115371 • Wed, Aug. 25 • 2-3 pm

**8/27  Play Day in the Park**
Toddlers of all abilities are invited to explore the exciting natural world around the visitor center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the visitor center to being your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome, but the prompts and materials will be geared towards kids aged one to three. Registration required.
Ages: 6m - 3yrs  Fee: Free
Course: #115393 • Fri, Aug. 27 • 10 am-2 pm

**8/28  Stream Adventures**
What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). Please, each child must be accompanied by one adult only. Meet at the gravel Boat Launch parking lot on Black Hill Road.
Ages: 2 - 12yrs  Fee: $7  FOBH $6
Course: #115426 • Sat, Aug. 28 • 10-11:30 am
# Brookside Nature Center

1400 Glenallan Avenue • Wheaton, MD 20902 • 301-962-1480 • BrooksideNature.org
Open Tuesday–Saturday, 9 am–5 pm; Sunday, 1–5 pm. Trails open daily, dawn to dusk.

Programs are subject to change. For the most up-to-date listings visit: [BrooksideNature.org](http://BrooksideNature.org)

## Recurring Programs

Some of our programs are so popular that we offer them a number of times throughout the season. Please check below for the dates that work best for you.

### Creature Feature

Join a naturalist to learn about the animals who live in and around Wheaton Regional Park. Discover the amazing adaptations and features of the different animals on display in the Nature Center. Rain cancels this program. Please register all attending adults and children over the age of 2. Face coverings are required and physical distancing rules apply.

Ages: 1 & Up  Fee: $3

<table>
<thead>
<tr>
<th>Course #</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>117995</td>
<td>Sat, Jun. 5</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>117996</td>
<td>Sat, Jun. 12</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>117997</td>
<td>Sat, Jun. 19</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>117998</td>
<td>Sat, Jun. 26</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>117999</td>
<td>Sat, Jul. 3</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118000</td>
<td>Sat, Jul. 10</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118001</td>
<td>Sat, Jul. 17</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118002</td>
<td>Sat, Jul. 24</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118003</td>
<td>Sat, Jul. 31</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118004</td>
<td>Sat, Aug. 7</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118005</td>
<td>Sat, Aug. 14</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118006</td>
<td>Sat, Aug. 21</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118007</td>
<td>Sat, Aug. 28</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118008</td>
<td>Sun, Jun. 6</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118009</td>
<td>Sun, Jun. 13</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118010</td>
<td>Sun, Jun. 20</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118011</td>
<td>Sun, Jun. 27</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118012</td>
<td>Sun, Jul. 4</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118013</td>
<td>Sun, Jul. 11</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118014</td>
<td>Sun, Jul. 18</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118015</td>
<td>Sun, Jul. 25</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118018</td>
<td>Sun, Aug. 1</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118022</td>
<td>Sun, Aug. 8</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118024</td>
<td>Sun, Aug. 15</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118026</td>
<td>Sun, Aug. 22</td>
<td>1:00 PM-1:30 PM</td>
</tr>
<tr>
<td>118028</td>
<td>Sun, Aug. 29</td>
<td>1:00 PM-1:30 PM</td>
</tr>
</tbody>
</table>

### Fahrenhike

Summer temperatures are soaring! Where’s the coolest place to be? Head down out shady woodland trails! Use soil thermometers, laser thermometers and your keen sense of touch to find the hot spots, warm breezes or the best spot to cool off with your family or small group.

This self-guided activity is for families with children 8+ and meets at Brookside Nature Center. Starting time slots are available on the half hour. Registration closes the Friday before each weekend event. No drop-ins.

Natural surface trails are not stroller accessible. Severe weather cancels the program.

Please register all attending adults and children over the age of 2. Face coverings are required and physical distancing rules apply.

Ages: 2 & Up  Fee: $2

<table>
<thead>
<tr>
<th>Course #</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>117721</td>
<td>Sat, Jun. 19</td>
<td>2:00 PM-5:00 PM</td>
</tr>
<tr>
<td>117733</td>
<td>Sun, Jun. 20</td>
<td>2:00 PM-5:00 PM</td>
</tr>
<tr>
<td>117745</td>
<td>Sat, Jul. 10</td>
<td>2:00 PM-5:00 PM</td>
</tr>
<tr>
<td>117767</td>
<td>Sun, Jul. 11</td>
<td>2:00 PM-5:00 PM</td>
</tr>
<tr>
<td>117781</td>
<td>Sat, Jul. 31</td>
<td>2:00 PM-5:00 PM</td>
</tr>
<tr>
<td>117794</td>
<td>Sun, Aug. 1</td>
<td>2:00 PM-5:00 PM</td>
</tr>
</tbody>
</table>
Recurring Programs (con't)

Forensics on the Trail
Gather your team for a CSI forensics hike. Search for evidence along a natural surface trail. Not for the faint of heart! Will you finish the hike with a solution and a suspect, or will you be baffled?

This self-guided activity is for 18+ adults and meets at Brookside Nature Center. Starting time slots are available on the half hour. Registration closes the Friday before each weekend event. No drop-ins.

Natural surface trails are not stroller accessible. Severe weather cancels the program.

Please register all attending adults and children over the age of 2. Face coverings are required and physical distancing rules apply. Ages: 2 & Up Fee: $5
Course #: 117437 • Sat, Jun. 12 • 2:00 PM-5:00 PM
Course #: 117630 • Sun, Jun. 13 • 2:00 PM-5:00 PM
Course #: 117642 • Sat, Jul. 3 • 2:00 PM-5:00 PM
Course #: 117654 • Sun, Jul. 4 • 2:00 PM-5:00 PM
Course #: 117667 • Sat, Jul. 24 • 2:00 PM-5:00 PM
Course #: 117679 • Sun, Jul. 25 • 2:00 PM-5:00 PM
Course #: 117696 • Sat, Aug. 14 • 2:00 PM-5:00 PM
Course #: 117709 • Sun, Aug. 15 • 2:00 PM-5:00 PM

Sense of Nature Hike
Spy with your eyes! Prick up your ears! Use your senses to explore and learn about the plants and animals that call Wheaton Regional Park home. Families or small groups with younger children (ages two to seven) will find a rainbow of nature's colors and the sweet scents of the forest as they hike together. Reach out and discover the sights and sounds of summer at Brookside Nature Center.

This self-guided activity is for families with children ages 2 to 7 years. Starting time slots are available on the half hour. Registration closes the Friday before each weekend event. No drop ins.

Natural surface trails are not stroller accessible. Severe weather cancels the program.

Please register all attending adults and children over the age of 2. Face coverings are required and physical distancing rules apply. Ages: 2 & Up Fee: $2
Course #: 117856 • Sat, Jun. 26 • 2:00 PM-5:00 PM
Course #: 117884 • Sun, Jun. 27 • 2:00 PM-5:00 PM
Course #: 117906 • Sat, Jul. 17 • 2:00 PM-5:00 PM
Course #: 117922 • Sun, Jul. 18 • 2:00 PM-5:00 PM
Course #: 117934 • Sat, Aug. 7 • 2:00 PM-5:00 PM
Course #: 117980 • Sun, Aug. 8 • 2:00 PM-5:00 PM

Flying Squirrels
Maryland Flying Squirrels are abundant, cute, and active year-round, but few see them in the wild because they are active at night - nocturnal. BNC has established a squirrel feeding station so some of our flying squirrels can be seen up close by our visitors. The program starts on the Nature Center deck 30 minutes after sunset to allow the sky to darken. Rain cancels the program. All attendees must register. Face coverings and physical distancing are required. Ages: 1 - 99yrs Fee: $6
Course #: 116191 • Fri, Jun. 4 • 9:00 PM-9:30 PM
Course #: 116192 • Fri, Jun. 11 • 9:00 PM-9:30 PM
Course #: 116193 • Fri, Jun. 18 • 9:00 PM-9:30 PM
Course #: 116194 • Fri, Jun. 25 • 9:00 PM-9:30 PM
Course #: 116195 • Fri, Jul. 2 • 9:00 PM-9:30 PM
Course #: 116196 • Fri, Jul. 9 • 9:00 PM-9:30 PM
Course #: 116197 • Fri, Jul. 16 • 9:00 PM-9:30 PM
Course #: 116198 • Fri, Jul. 23 • 9:00 PM-9:30 PM
Course #: 116199 • Fri, Jul. 30 • 9:00 PM-9:30 PM
Course #: 116200 • Fri, Aug. 6 • 9:00 PM-9:30 PM
Course #: 116201 • Fri, Aug. 13 • 8:30 PM-9:00 PM
Course #: 116202 • Fri, Aug. 20 • 8:30 PM-9:00 PM
Course #: 116203 • Fri, Aug. 27 • 8:15 PM-8:45 PM

Turtle Talk
Saturdays are a great time to soak up the sun - for people and turtles! Come visit our outdoor box turtle enclosure and learn about the natural history and conservation challenges of these iconic reptiles from our "Turtle Talker" volunteers. You'll enjoy seeing our resident turtles explore the great outdoors. Rain cancels the program. All attendees must register, wear face coverings and physically distance. Ages: 1 - 99yrs Fee: $3
Course #: 116178 • Sat, Jun. 5 • 10:30 AM-11:30 AM
Course #: 116179 • Sat, Jun. 12 • 10:30 AM-11:30 AM
Course #: 116180 • Sat, Jun. 19 • 10:30 AM-11:30 AM
Course #: 116181 • Sat, Jun. 26 • 10:30 AM-11:30 AM
Course #: 116182 • Sat, Jul. 3 • 10:30 AM-11:30 AM
Course #: 116183 • Sat, Jul. 10 • 10:30 AM-11:30 AM
Course #: 116184 • Sat, Jul. 17 • 10:30 AM-11:30 AM
Course #: 116185 • Sat, Jul. 24 • 10:30 AM-11:30 AM
Course #: 116186 • Sat, Jul. 31 • 10:30 AM-11:30 AM
Course #: 116187 • Sat, Aug. 7 • 10:30 AM-11:30 AM
Course #: 116188 • Sat, Aug. 14 • 10:30 AM-11:30 AM
Course #: 116189 • Sat, Aug. 21 • 10:30 AM-11:30 AM
Course #: 116190 • Sat, Aug. 28 • 10:30 AM-11:30 AM
## Recurring Programs (con't)

### DIY Nature: Rustic Vine Basket
Make a woven basket and make a difference! Create a rustic basket planter made from wild non-native invasive (NNI) vines and learn about the impacts that these plants have on our vital native plant communities. Each beautiful basket planter will be constructed using at least one NNI vine including porcelain berry, oriental bittersweet, Japanese honeysuckle and others. Please register all attending adults and children (ages 12+) before 9 am June 9th. Face coverings are required and physical distancing rules apply. Ages: 12 - 101yrs Fee: $25
Course #: 118061 • Fri, Jun. 11 • 10:00 AM-12:00 PM

### Summer Saunters: North Branch Trail
We have dreamed of summer through snow, sleet and slush. Now that it has permanently arrived, we shall exult in it, no matter the heat, the humidity, or buggy harassment. Our Friday hikes begin an hour earlier than usual to take advantage of the morning coolness and we will walk 2 - 3.5 miles on natural surface or paved trails along creeks that release breaths of fresh air. As we hike, we’ll notice and learn about summer’s energetic happenings. Please remember to wear your facial covering, keep a physical distance where possible, bring water and dress for the weather. Directions to the trailhead will be sent by email 2 days ahead of the hike to all registrants. Ages: 18 - 99yrs Fee: $8
Course #: 118405 • Fri, Jun. 4 • 9:00 AM-11:00 AM
Course #: 118406 • Fri, Jul. 2 • 9:00 AM-11:00 AM

### Water Works
Water quality is an important factor in the health of humans and animals alike. Participants will test the water quality of Brookside Nature Center's creek and identify if it is safe for humans and animals. Participants will also have an opportunity to cool down in our mobile spray park after the science experiments. Participants must wear closed toe shoes and clothes they do not mind getting wet and or muddy. Proper face coverings and physical distancing is required. Ages: 5 - 99yrs Fee: $7
Course #: 118402 • Mon, Jun. 28 • 3:30 PM-5:00 PM
Course #: 118403 • Mon, Jul. 26 • 3:30 PM-5:00 PM
Course #: 118404 • Mon, Aug. 16 • 3:30 PM-5:00 PM

### Living in the Big Woods
Way back before your great, great, great, great grandmother's time, Maryland was predominantly forested. People lived in the forest and found there most of the resources they needed to survive. During each of these four sessions we'll explore and experience life as it was practiced by pioneers like the Laura Ingalls Wilder family and the Algonquian Native Americans. From trying to start a fire with a bow drill, to making butter or twisting bark into twine, we'll come to understand how our ancestors relied on the forest environment and wove their lives into it. Ages: 6 - 9yrs Fee: $7
Course #: 118407 • Thu, Jun. 17 • 11:00 AM-12:00 PM
Course #: 118408 • Thu, Jul. 8 • 11:00 AM-12:00 PM
Course #: 118409 • Thu, Aug. 19 • 11:00 AM-12:00 PM

### Nature's Sparklers
Fireflies never cease to delight and amaze. Communicating through flashes of light these beetles add magic to summer evenings. Come learn how fireflies live and create their glittery brilliance then take a hike to catch and hold a bit of starlight in your hand. We will practice physical distancing and all registrants are required to wear facial coverings. Ages: 6 - 99yrs Fee: $7
Course #: 118410 • Fri, Jun. 25 • 8:15 PM-9:15 PM

### Stories Rock!
Do you like to listen to stories? Do you have stories to share? Our lives are stories and by listening to them and those of others, we learn about life. During this special story time, we’ll gather on the boulders outside the nature center and hear Native American tales and tell our own through word, gesture and picture. We will practice physical distancing and all registrants are required to wear facial coverings. Ages: 6 - 99yrs Fee: $6
Course #: 118415 • Thu, Jul. 1 • 10:30 - 11:30 AM
Course #: 118416 • Thu, Jul. 22 • 10:30 - 11:30 AM
Course #: 118421 • Thu, Aug. 12 • 10:30 - 11:30 AM

### Water and Art
A splashing stream, a lake rippled by wind, even a simple glass filled to the brim, show how water is always a work of art. In this series, we’ll explore water’s properties and experience how artists have applied them in visual and auditory expression. Paints, bubbles, ice, fountains, even sand all hold artistic possibility when used with imagination and an appreciation of their fluid origin. Join us to get wet and immersed in watery art! We will practice physical distancing and all registrants are required to wear facial coverings. Ages: 6 - 99yrs Fee: $7
Course #: 118411 • Thu, Jun. 24 • 3:30 PM-4:30 PM
Course #: 118412 • Thu, Jul. 15 • 3:30 PM-4:30 PM
Course #: 118414 • Thu, Aug. 26 • 3:30 PM-4:30 PM
Course #: 118413 • Thu, Aug. 5 • 3:30 PM-4:30 PM
Recurring Programs (con’t)

**Chiming In!**
Listen! In our partnership with the wind, we’ll create chimes from repurposed materials like spoons, shells, buttons and bamboo to take home or to hang on our new rope fences. We will practice physical distancing and all registrants are required to wear facial coverings.

Ages: 7 - 99yrs    Fee: $7
Course #: 119076 • Fri, Aug. 13 • 11:00 AM-12:00 PM

**Dusk Hike Along the Canal**
The frenzy of daytime activity begins to slow down at dusk when birds retreat to leafy branches and crickets begin to ring out their calls. On our leisurely walk along the towpath we’ll turn our attention away from the visual to the auditory and secretive as we join crepuscular denizens (spiders, toads, maybe even owls) comfortable with the cover of darkness. Directions will be emailed to registered participants two days prior to the hike. Expect a two-mile hike on the flat canal towpath. We will practice physical distancing and all registrants are required to wear facial coverings.

Ages: 7 - 99yrs    Fee: $6
Course #: 119081 • Fri, Aug. 20 • 8:00 PM-9:00 PM

**Campfire 101**
Have you ever wanted to learn how to start a campfire? Join a Park Naturalist and learn different ways to stack your logs, different lighting techniques, and fire safety. Participants are encouraged to bring a campfire snack for roasting. Rain cancels. All attendees must register and pay. Face coverings and physical distancing are mandatory (except when eating).

Ages: 8 - 99yrs    Fee: $7
Course #: 118400 • Tue, Jul. 6 • 4:00 PM-7:00 PM
Course #: 118401 • Wed, Jul. 21 • 4:00 PM-7:00 PM

**Outdoor Museum**
Join us as we explore the lives of Wheaton Regional Park’s wild animals. Learn about birds of prey, mammals, and insects. Explore how they live, what they eat and what makes them so good at what they do. Each program will include a short demonstration, a specimen (living or not), and an activity. All attendees must register for this program, face coverings and physical distancing are required.

Ages: 8 - 99yrs    Fee: $7
Course #: 119128 • Wed, Jun. 23 • 10:30 AM-11:30 AM

**Outdoor Museum - Aquatic Insects**
Course #: 119154 • Wed, Aug. 11 • 10:30 AM-11:30 AM

**Outdoor Museum - Birds of Prey**
Course #: 119166 • Wed, Aug. 18 • 10:30 AM-11:30 AM

**Outdoor Museum - Mammals**
Course #: 119134 • Wed, Jul. 14 • 10:30 AM-11:30 AM
Course #: 119146 • Fri, Aug. 6 • 10:30 PM-11:30 PM

**Outdoor Museum - Terrestrial Insects**
Course #: 119136 • Wed, Jun. 23 • 10:30 AM-11:30 AM
Course #: 119138 • Wed, Jul. 14 • 10:30 AM-11:30 AM
Course #: 119140 • Fri, Aug. 6 • 10:30 PM-11:30 PM

**Treasure Hunting in Wheaton Regional Park**
Geocaching is a fun way to get outside and explore. With the help of a Park Naturalist, participants will hike Wheaton Regional Park looking for and finding caches. All attendees must register and pay. Make sure to dress for the weather and for natural surface trail conditions. Bring your cellular phone, water bottle and trail snacks. Face coverings and physical distancing are mandatory. Rain cancels.

Ages: 8 - 99yrs    Fee: $6
Course #: 118396 • Tue, Jun. 22 • 10:30 AM-12:00 PM
Course #: 118397 • Tue, Jul. 13 • 10:30 AM-12:00 PM
Course #: 118399 • Tue, Aug. 10 • 10:30 AM-12:00 PM
Recurring Programs

Some of our programs are so popular that we offer them a number of times throughout the season. Please check below for the dates that work best for you.

Looking for a little adventure? Follow the clues and work together with your family to solve a new nature-themed puzzle each month in Hike & Seek. This outdoor-only program follows all best practices for social distancing. To help us space traffic on the trails, please register your group by selecting a starting time.

Storybook Trail
This month, step into the story "Over in the Meadow," as it unfolds along the trail. Can you count all the hidden animals as you sing-along to the tune?
Ages: All Ages Fee: $2

Storybook Trail: 2:00pm
Course #117560 • Sun, Jun. 20

Storybook Trail: 2:15pm
Course #117561 • Sun, Jun. 20

Storybook Trail: 2:30pm
Course #117562 • Sun, Jun. 20

Storybook Trail: 2:45pm
Course #117563 • Sun, Jun. 20

Storybook Trail: 3:00pm
Course #117564 • Sun, Jun. 20

Storybook Trail: 3:15pm
Course #117565 • Sun, Jun. 20

Storybook Trail: 3:30pm
Course #117566 • Sun, Jun. 20

Storybook Trail: 3:45pm
Course #117567 • Sun, Jun. 20

Storybook Trail: 4:00pm
Course #117568 • Sun, Jun. 20

Storybook Trail: 4:15pm
Course #117569 • Sun, Jun. 20

Storybook Trail: 4:30pm
Course #117570 • Sun, Jun. 20

Scavenger Hunt
This month we're hosting an old-fashioned scavenger hunt! Can you find all the hidden objects along the trail? Register by Friday, July 9, to schedule your time slot and to receive a prize for completing the hunt. We cannot accept drop-ins on the day of the program. Natural surface trails are not stroller accessible. Severe weather cancels the program. $2 per person. Please register both adults and children over the age of 2. Face coverings are required and physical distancing rules apply.
Ages: All Ages Fee: $2

Scavenger Hunt: 2:00pm
Course #117574 • Sun, Jul. 11

Scavenger Hunt: 2:15pm
Course #117575 • Sun, Jul. 11

Scavenger Hunt: 2:30pm
Course #117576 • Sun, Jul. 11

Scavenger Hunt: 2:45pm
Course #117577 • Sun, Jul. 11

Scavenger Hunt: 3:00pm
Course #117578 • Sun, Jul. 11

Scavenger Hunt: 3:15pm
Course #117579 • Sun, Jul. 11

Scavenger Hunt: 3:30pm
Course #117580 • Sun, Jul. 11

Scavenger Hunt: 3:45pm
Course #117581 • Sun, Jul. 11

Scavenger Hunt: 4:00pm
Course #117582 • Sun, Jul. 11

Scavenger Hunt: 4:15pm
Course #117583 • Sun, Jul. 11

Scavenger Hunt: 4:30pm
Course #117584 • Sun, Jul. 11
Recurring Programs

Some of our programs are so popular that we offer them a number of times throughout the season. Please check below for the dates that work best for you.

Geocaching
This month, we're hiding little caches around the park for you to find. The free mobile app will lead you to these hidden places. Register by Friday, July 9, to schedule your time slot and to receive a prize for completing the hunt. We cannot accept drop-ins on the day of the program. Natural surface trails are not stroller accessible. Severe weather cancels the program. $2 per person. Please register both adults and children over the age of 2. Face coverings are required and physical distancing rules apply.

Ages: All Ages Fee: $2

Geocaching: 2:00pm
Course #117598 • Sun, Aug. 15 • 2-5 pm

Geocaching: 2:15pm
Course #117599 • Sun, Aug. 15 • 2-5 pm

Geocaching: 2:30pm
Course #117600 • Sun, Aug. 15 • 2-5 pm

Geocaching: 2:45pm
Course #117601 • Sun, Aug. 15 • 2-5 pm

Geocaching: 3:00pm
Course #117602 • Sun, Aug. 15 • 2-5 pm

Geocaching: 3:15pm
Course #117603 • Sun, Aug. 15 • 2-5 pm

Geocaching: 3:30pm
Course #117604 • Sun, Aug. 15 • 2-5 pm

Geocaching: 3:45pm
Course #117605 • Sun, Aug. 15 • 2-5 pm

Geocaching: 4:00pm
Course #117606 • Sun, Aug. 15 • 2-5 pm

Geocaching: 4:15pm
Course #117607 • Sun, Aug. 15 • 2-5 pm

Geocaching: 4:30pm
Course #117608 • Sun, Aug. 15 • 2-5 pm

JUNE 2021

6/4  Ebird Walk- June
Join a naturalist on a birding excursion, exploring the birds that call Cabin John Park home. Help count and identify birds along the trails for submission to eBird, a community project dedicated to conserving our feathered friends. Masking and Physical distancing requirements apply. All participants MUST preregister-we cannot accept drop-ins.

Ages: 8 & Up Fee: Free
Course: #117621 • Friday, Jun. 4 • 5-6 pm

JULY 2021

7/2  Ebird Walk- July
Join a naturalist on a birding excursion, exploring the birds that call Cabin John Park home. Help count and identify birds along the trails for submission to eBird, a community project dedicated to conserving our feathered friends. Masking and Physical distancing requirements apply. All participants MUST preregister-we cannot accept drop-ins.

Ages: 8 & Up Fee: Free
Course: #117622 • Friday, Jul. 2 • 5-6 pm

AUGUST 2021

8/6  Ebird Walk- August
Join a naturalist on a birding excursion, exploring the birds that call Cabin John Park home. Help count and identify birds along the trails for submission to eBird, a community project dedicated to conserving our feathered friends. Masking and Physical distancing requirements apply. All participants MUST preregister-we cannot accept drop-ins.

Ages: 8 & Up Fee: $Free
Course: #117623 • Friday, Aug. 6 • 5-6 pm
Recurring Programs

Some of our programs are so popular that we offer them a number of times throughout the season. Please check below for the dates that work best for you.

**Beyond the Book: Around One Log**
Join us for a reading of the children’s classic Around One Log. Then we will head to the woods to look for roly-poly, daddy longlegs, salamanders, slugs, and other ughs.
Ages: 3 & Up  Fee: $2
Course: #113928 • Tue, Jun. 22 • 10-11 am

**Beyond the Book: Near One Cattail**
Join us for a reading of the children's classic Near One Cattail. Then we will head out to the wetlands to look for zip-zipping dragonflies, hiphopping frogs, and a medley of other critters who swim, soar, or crawl in a wetland.
Ages: 3 & Up  Fee: $2
Course: #113982 • Tue, Jul. 6 • 10-11 am

**Beyond the Book: Under One Rock**
Join us for a reading of the children's classic Under One Rock. Then we will head out to the woods with a naturalist to look for worms, bugs, slugs, and other ughs.
Ages: 3 & Up  Fee: $2
Course: #113957 • Tue, Jul. 20 • 10-11 am

**Beyond the Book: On One Flower**
Join us for a reading of the children's classic On One Flower. Then we will head out to the meadow to look for bees buzzing, butterflies sipping nectar, and ladybugs snacking on aphids.
Ages: 3 & Up  Fee: $2
Course: #113942 • Tue, Aug. 3 • 10-11 am

**6/5 Cicadapalooza**
The 17-year brood of cicada is emerging! Cicadas will be everywhere! Let's take advantage of this rare event by coming together to learn more about these interesting insects as we look for their holes, search for their exoskeletons, listen to their calls, and hopefully even catch a few!
Ages: 5 & Up  Fee: $3
Course: #115490 • Sat, Jun. 5 • 11 am-12 pm

**6/24 Creek Critter Search**
Wade in the water to see what's swimming, diving, and living in the creek. Adults and children should wear shoes you don't mind getting wet [for your safety, please no flip-flops or backless sandals]. Children must be accompanied by an adult, especially while in the water.
Ages: 6 & Up  Fee: $3
Course: #114003 • Thu, Jun. 24 • 10:30-11:30 am
**JULY 2021**

**7/3 Animal Olympics**
As we prepare for the summer Olympics, let's have our own Olympics: animal Olympics! Can you jump as far as a frog? Is your grip as strong as an owl's? We'll compete with the real skills and adaptations of animals and see who is the winner!

Ages: 5 & Up  Fee: $3  
Course: #115491 • Sat, Jul. 3 • 11 am-12 pm

**7/8 Creek Critter Search**
Wade in the water to see what's swimming, diving, and living in the creek. Adults and children should wear shoes you don't mind getting wet [for your safety, please no flip-flops or backless sandals]. Children must be accompanied by an adult, especially while in the water.

Ages: 6 & Up  Fee: $3  
Course: #114016 • Thu, Jul. 8 • 10:30-11:30 am

**7/22 Campfire Cookout: Fire and Ice**
Come and cookout over a campfire. You supply the hot dogs and buns, and we will provide the roasting sticks, condiments, and all the ingredients for making ice cream. We will finish the evening with a leisurely hike around Maydale Conservation Park.

Ages: 3 & Up  Fee: $5  
Course: #114067 • Thu, Jul. 22 • 6-7 pm

**AUGUST 2021**

**8/5 Creek Critter Search**
Wade in the water to see what's swimming, diving, and living in the creek. Adults and children should wear shoes you don't mind getting wet [for your safety, please no flip-flops or backless sandals]. Children must be accompanied by an adult, especially while in the water.

Ages: 6 & Up  Fee: $3  
Course: #114024 • Thu, Aug. 5 • 10:30-11:30 am

**8/12 Campfire Cookout: S'mores Galore**
Come and cookout over a campfire. You supply the hot dogs and buns, and we will provide the roasting sticks, condiments, and all the ingredients for making gourmet S'mores. We will finish the evening with a leisurely hike around Maydale Conservation Park.

Ages: 3 & Up  Fee: $5  
Course: #114058 • Thu, Aug. 12 • 6-7 pm

**8/28 End of Summer Night Hike**
Bring a flashlight and join us as we hike through the woods, meadow, and ponds of Maydale exploring the late summer sights and sounds that surround us!

Ages: 6 & Up  Fee: $3  
Course: #115493 • Sat, Aug. 28 • 8:30-9:30 pm

---

**All Aboard!**

Cabin John  
Miniature Train,  
Wheaton Train,  
and Carousel

For schedule and ticket information visit MontgomeryParks.org/Trains

**TICKETS**

can be purchased in advance at ActiveMontgomery.org
Montgomery Parks
Meadowside Nature Center

Meadowside Nature Center's building facility is currently undergoing renovations. Please be advised that bathrooms will not be available to program participants at this time.

Recurring Programs

Some of our programs are so popular that we offer them a number of times throughout the season. Please check below for the dates that work best for you.

Mindful Birding
Did you know that birding can have a positive impact on your mental health? Take a little time for self-care and join this weekly birding hike, where you and fellow birders will look to the skies and see the beauty of the birds found in Rock Creek Regional Park. A Park Naturalist will also provide a mindfulness activity each week, that you can enjoy along the trail.

Ages: 10 & Up  Fee: Free
Course: #116223 • Fri, Jun. 4 • 3-4 pm
Course: #116224 • Fri, Jun. 11 • 3-4 pm
Course: #116225 • Fri, Jun. 18 • 3-4 pm
Course: #116226 • Fri, Jun. 25 • 3-4 pm
Course: #116227 • Fri, Jul. 9 • 3-4 pm
Course: #116228 • Fri, Jul. 23 • 3-4 pm
Course: #116229 • Fri, Aug. 6 • 3-4 pm
Course: #116230 • Fri, Aug. 13 • 3-4 pm
Course: #116231 • Fri, Aug. 20 • 3-4 pm
Course: #116232 • Fri, Aug. 27 • 3-4 pm

Raptor Training and Enrichment Virtual
As Meadowside undergoes renovations, stay in touch with your favorite birds of prey virtually! Join a naturalist online to hear about amazing raptor adaptations, the summer behaviors of each species, and watch clips of your favorite birds - the Meadowside Raptor Ambassador Team.

Ages: 2 & Up  Fee: Free
Course: #116212 • Fri, Jun. 4 • 2-2:30 pm
Course: #116213 • Fri, Jun. 11 • 2-2:30 pm
Course: #116214 • Fri, Jun. 18 • 2-2:30 pm
Course: #116215 • Fri, Jun. 25 • 2-2:30 pm
Course: #116216 • Fri, Jul. 9 • 2-2:30 pm
Course: #116218 • Fri, Jul. 23 • 2-2:30 pm
Course: #116219 • Fri, Aug. 6 • 2-2:30 pm
Course: #116220 • Fri, Aug. 13 • 2-2:30 pm
Course: #116221 • Fri, Aug. 20 • 2-2:30 pm
Course: #116222 • Fri, Aug. 27 • 2-2:30 pm

Tot Tunes
Shake your sillies out with these fun sing-a-long favorites for toddlers! Bring a picnic blanket and stay for lunch or enjoy a walk in the park after song time. Please register both children and adults.

Ages: 2 & Up  Fee: Free
Course: #115467 • Mon, Jun. 7 • 11-11:30 am
Course: #115468 • Mon, Jun. 14 • 11-11:30 am
Course: #115469 • Mon, Jun. 21 • 11-11:30 am
Course: #115470 • Mon, Jul. 5 • 11-11:30 am
Course: #115471 • Mon, Jul. 19 • 11-11:30 am
Course: #115472 • Mon, Aug. 2 • 11-11:30 am
Course: #115473 • Mon, Aug. 9 • 11-11:30 am
Course: #115474 • Mon, Aug. 16 • 11-11:30 am
Course: #115475 • Mon, Aug. 23 • 11-11:30 am
Course: #115476 • Mon, Aug. 30 • 11-11:30 am
Recurring Programs

**All About Animals**
Do you love all things with fur, feathers, and scales? Join a naturalist to learn about different types of animals! We will hear a story, observe an animal, play a game, and create a craft. Note: To participate in this virtual program, you will use Microsoft Teams, and need some basic craft materials. A parent might need to assist the participant.
Ages: 2 - 5yrs Fee: Free

- **All About Animals- Animal Types**
  Course: #115410 • Fri, Jun. 18 • 10:30-11 am

- **All About Animals- Birds**
  Course: #115411 • Fri, Jul. 2 • 10:30-11 am

- **All About Animals- Insects**
  Course: #115413 • Fri, Jul. 16 • 10:30-11 am

- **All About Animals- Mammals**
  Course: #115414 • Fri, Jul. 23 • 10:30-11 am

- **All About Animals- Reptiles**
  Course: #115412 • Fri, Jul. 9 • 10:30-11 am

**JUNE 2021**

**6/5 The Buzz about Cicadas**
They're baaaack! Every 17 years, billions of cicadas from Brood X emerge from the ground and fill the air with their calls. During this session, we will learn about the life cycle of cicadas and how they make noise. We'll also create a noise-making craft. Note: fee is for child only but please register all guests coming to program.
Ages: 6 - 10yrs Fee: $7
Course: #115415 • Sat, Jun. 5 • 10:30-11:30 am

**6/12 The Buzz about Cicadas**
They're baaaack! Every 17 years, billions of cicadas from Brood X emerge from the ground and fill the air with their calls. During this session, we will learn about the life cycle of cicadas and how they make noise. We'll also create a noise-making craft. Note: fee is for child only but please register all guests coming to program.
Ages: 6 - 10yrs Fee: $7
Course: #115416 • Sat, Jun. 12 • 10:30-11:30 am

**6/18 Frog Calls and Pollywogs**
Come and celebrate an early Father’s Day with an evening of frog calls and pollywogs! Learn from Naturalists how to identify some of the musical calls of local frogs and take a self-guided night hike around the study pond to listen for these amazing creatures. While in the meadow enjoy looking for bats, fireflies, and moths!
Ages: 2 - 10yrs Fee: $3
Course: #115417 • Fri, Jun. 18 • 8:30-9:15 pm

**JULY 2021**

**7/2 The National Bird: Special Raptor Training Talk**
Celebrate the National Bird, this Independence Week, with a special raptor enrichment session. Discover some of the incredible history of the Bald Eagle, and how this big bird’s natural history pairs with our national history!
Ages: 2 & Up Fee: Free
Course: #115418 • Fri, Jul. 2 • 3:30-4 pm

**7/10 Teddy Bear Picnic Day**
Bring your favorite bear and snacks to celebrate Teddy Bear Picnic Day! Enjoy a teddy bear story and song followed by bear games and a craft set-up as a self-guided experience along the trail. To help us space traffic on the trails, please register your group by selecting a starting time. We cannot accept drop-ins on the day of the program. Natural surface trails are not stroller accessible. Fee is for children only but please register both children and adults.
Ages: All Ages Fee: $6
Teddy Bear Picnic: 11:00am
Course: #115448 • Sat, Jul. 10 • 11 am-12 pm
Teddy Bear Picnic: 12:00pm
Course: #115449 • Sat, Jul. 10 • 12-1 pm
Teddy Bear Picnic: 1:00pm
Course: #115450 • Sat, Jul. 10 • 1-2 pm
Teddy Bear Picnic: 2:00pm
Course: #115451 • Sat, Jul. 10 • 2-3 pm

**7/20 Nature Virtual Lectures: To bee or not to bee?**
Join this season of Nature Virtual and Natural Resources Department’s Dianna Loescher to make a positive impact on the environment by planting native for wildlife. This online talk will address common non-native nursery plants and their native alternatives. After the talk attendees will be able to identify why native landscaping is important for both pollinators and wildlife, how to identify a variety of native and non-native plants, and where to purchase to plant native! We look forward to learning together again, online, through the Microsoft Teams video platform! The link will be e-mailed a few days before the presentation.
Ages: 18 & Up Fee: $5
Course: #115421 • Tue, Jul. 20 • 6:30-7:30 pm

**7/24 Raptor Conservation Team Effort**
Join a park naturalist to learn a little bit about some of the greatest ways you can help local raptors. After the talk, hike the banks of Lake Frank and clean-up trash and fishing line to keep our ecosystem clean for wildlife. Be sure to wear long-pants and closed toed shoes. Boots recommended. Please meet at the Lake Frank Parking Lot:15211 Avery Road Rockville MD 20855
Ages: 6 & Up Fee: Free
Course: #116233 • Sat, Jul. 24 • 9:30-10:30 am
AUGUST 2021

8/4 Celebrate International Owl Day
Come learn about the secret lives of owls on International Owl Day! Join naturalists for an owl feeding and enrichment session, pellet dissections, and games that simulate the life of an owl. Hike and find photos of the 8 owls of Maryland along the trails!
Ages: 6 & Up  Fee: $6
Course: #115419  Wed, Aug. 4  11 am-12 pm

8/11 The Big Butterfly Hunt
How many butterflies can you find at Meadowside? Stop by the nature center to receive your butterfly scavenger hunt. Discover a few clues on where to look and how to plant for the butterflies you love! Then head out on a self-led scavenger hunt experience. Those that return their cards to the Nature Center will receive a small prize.
Ages: 10 & Up  Fee: $3

The Big Butterfly Hunt: 11 am
Course: #115453  Wed, Aug. 11  11 am-1 pm
The Big Butterfly Hunt: 11:30 am
Course: #115454  Wed, Aug. 11  11 am-1 pm
The Big Butterfly Hunt: 12:00 pm
Course: #115455  Wed, Aug. 11  11 am-1 pm
The Big Butterfly Hunt: 12:30 pm
Course: #115456  Wed, Aug. 11  11 am-1 pm

8/17 Nature Virtual
Lectures: Nativescaping for Backyard Abundance
Join this season of Nature Virtual to make a positive impact on the environment by planting native for wildlife. You’ve probably heard of Nativescaping or Pollinator Gardens, but join this special Nature Virtual to learn how to garden for wildlife and backyard abundance! We’ll cover how to make and implement good design plans with local ecotypes and how to attract the best of our local wildlife. Join Angela Yau, Nature Program & Facility Manager at Locust Grove Nature Center and native plant advocate, as we create a simple path for your backyard abundance. We look forward to learning together again, online, through the Microsoft Teams video platform! The link will be e-mailed a few days before the presentation.
Ages: 18 & Up  Fee: $5
Course: #115422  Tue, Aug. 17  6:30-7:30 pm

8/25 Paw Paws and Swallowtails: Field Trip to Viollette's Lock
Take a walk along the C&O Canal to learn a little bit about the unique history of the Paw Paw tree. Learn the importance of this native tree as a host plant and food source as we stroll down the canal looking for Paw Paws and Swallowtails.
Ages: 8 & Up  Fee: $3
Course: #115420  Wed, Aug. 25  1-2 pm
Golf

Driving Range Lessons • Summer 2021

Programs are subject to change. For the most up-to-date listings visit: SGDrivingRange.org

CLASS DATES
Session 1 - June 15 - July 18
Session 2 - July 27 - August 22

Registration for summer classes will open June 1. Please visit ActiveMontgomery.org to register.

About Our Golf Classes...
Group classes will allow you to learn the game of golf in small group. You’ll get four weeks of professional instruction from a Montgomery County Golf Academy Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more.

COURSE FEES COVER
• Four Group Lessons or One Clinic

On your First Day of Class...
• Bring a water bottle
• Golf clubs if you have them
• Loaner clubs are available, please see the front desk
• Wear proper footwear and athletic clothing

PLEASE NOTE
• No make-ups or refunds for missed lessons.
• Please read course descriptions carefully and select courses that match ability and experience.
• If you see a class you like, register! Classes may be canceled if minimum enrollment is not met.

Parent and Child Golf
Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-14) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

South Germantown Driving Range
113214 7-14 yrs 4 Classes $120 Saturday, Jun. 19
113215 7-14 yrs 4 Classes $120 Saturday, Jun. 19
113216 7-14 yrs 4 Classes $120 Saturday, Jun. 19
113217 7-14 yrs 4 Classes $120 Saturday, Jul. 31
113218 7-14 yrs 4 Classes $120 Saturday, Jul. 31
113219 7-14 yrs 4 Classes $120 Saturday, Jul. 31

South Germantown Driving Range
113201 18 & Up 4 Classes $99 Tuesday, Jun. 15
113202 18 & Up 4 Classes $99 Thursday, Jun. 17
113198 18 & Up 4 Classes $99 Saturday, Jun. 19
113200 18 & Up 4 Classes $99 Tuesday, Jul. 27
113203 18 & Up 4 Classes $99 Thursday, Jul. 29
113199 18 & Up 4 Classes $99 Saturday, Jul. 31

Beginning Golf, Adult
If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just $99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown Driving Range
113201 18 & Up 4 Classes $99 Tuesday, Jun. 15
113202 18 & Up 4 Classes $99 Thursday, Jun. 17
113198 18 & Up 4 Classes $99 Saturday, Jun. 19
113200 18 & Up 4 Classes $99 Tuesday, Jul. 27
113203 18 & Up 4 Classes $99 Thursday, Jul. 29
113199 18 & Up 4 Classes $99 Saturday, Jul. 31

Program Access (Inclusion Services) 301-495-2581. | ProgramAccess@MontgomeryParks.org | TTY 301-439-0579
Beginning Golf, Junior
If you have always wanted your kids to try golf, this is an easy, inexpensive way to get into the sport. For just $99, they will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so they are sure to get a good bit of personal attention.

South Germantown Driving Range
113204 7 - 14yrs 4 Classes $99 Saturday, Jun. 19 3:30-4:30 pm
113205 7 - 14yrs 4 Classes $99 Saturday, Jul. 31 3:30-4:30 pm

Junior Golf Clinic
One day clinics are a great way for your junior golfer to learn and gradually improve skills on a month-to-month basis. Each month we will offer various clinics, each focusing on a particular swing or golf skill. You choose which classes you want and register and pay for them at one time. It’s golf à la carte! Visit our website or check the Clubhouse for specific skills schedule.

South Germantown Driving Range
113225 7 - 14yrs 1 Classes $15 Saturday, Jul. 3 1-2 pm
113220 7 - 14yrs 1 Classes $15 Thursday, Jul. 8 6:30-7:30 pm
113224 7 - 14yrs 1 Classes $15 Saturday, Jul. 10 1-2 pm
113221 7 - 14yrs 1 Classes $15 Tuesday, Aug. 17 6:30-7:30 pm
113222 7 - 14yrs 1 Classes $15 Saturday, Aug. 21 1-2 pm
113223 7 - 14yrs 1 Classes $15 Saturday, Aug. 7 1-2 pm

Parent and Child Archery
Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

South Germantown Driving Range
113210 7 - 14yrs 4 Classes $65 Saturday, Jun. 19 12:30-2 pm
113213 7 - 14yrs 4 Classes $65 Sunday, Jun. 20 11:30 am-1 pm
113211 7 - 14yrs 4 Classes $65 Saturday, Jul. 31 12:30-2 pm
113212 7 - 14yrs 4 Classes $65 Sunday, Aug. 1 11:30 am-1 pm

Beginner Archery
Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant’s current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range
113192 8 - 14yrs 4 Classes $50 Saturday, Jun. 19 2-3:30 pm
113195 8 - 14yrs 4 Classes $50 Sunday, Jun. 20 2-3:30 pm
113193 8 - 14yrs 4 Classes $50 Saturday, Jul. 31 2-3:30 pm
113194 8 - 14yrs 4 Classes $50 Sunday, Aug. 1 2-3:30 pm

Beginner Archery, Adult
Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant’s current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range
113197 17 & Up 4 Classes $50 Sunday, Jun. 20 10-11:30 am
113196 17 & Up 4 Classes $50 Sunday, Aug. 1 10-11:30 am

Intermediate Archery
Prerequisite: Passed Beginner ArcheryInterested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range
113206 8 - 14yrs 4 Classes $50 Saturday, Jun. 19 3:30-5 pm
113209 8 - 14yrs 4 Classes $50 Sunday, Jun. 20 3:30-5 pm
113207 8 - 14yrs 4 Classes $50 Saturday, Jul. 31 3:30-5 pm
113208 8 - 14yrs 4 Classes $50 Sunday, Aug. 1 3:30-5 pm
Ice Skating & Hockey Group Lessons • Summer 2021

www.CabinJohnIce.org
10610 Westlake Drive
Rockville, MD 20852
301-765-8620

www.WheatonIceArena.org
11171 Orebaugh Avenue
Wheaton, MD 20902
301-905-3000

Like and follow @CabinJohnIce, @WheatonIce, and @MontgomeryParks on

Programs are subject to change. For the most up-to-date listings visit:
CABINJOHNICE.ORG OR WHEATONICE.ORG.ORG

CLASS DATES
Summer 1: June 19-August 2

ONLINE REGISTRATION DATES
Summer registration begins June 8.
If you register after June 17, you must register in person at the facility. No new enrollments are added after the second week of class.

On your first day of class...
• Check in at the Group Lesson area in the rink lobby.
• Wear one pair of thin socks.
• Helmets and gloves are highly recommended for safety.
• Arrive at the rink 30 minutes early for your first lesson, and 15-20 minutes early for subsequent lessons to have time to get skates on properly.
• Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You’ll have better balance and protection against injuries.

EVENTS AND IMPORTANT DATES:
Open for public skating all through the Summer except for these dates:

Rinks Closed:
July 4
September 5, 6, 7

Wheaton Ice will have a Summer Ice Show!
Saturday August 15: 6:15pm

We have some new class names!
• Snowplow Sam 1-4 is now Preschool Ice Skating 1-4
• Basic 1-6 is now Youth Ice Skating 1-6
• Power Skating Hockey is now Hockey Advanced

COURSE FEES COVER
• Six group lessons for Summer 1 (six-week session).
• Rental Skates
• Practice cards are valid until the start date of the next lesson series. An electronic practice card good for public skate admissions and skate rental to practice.

PLEASE NOTE
• No make-ups or refunds for missed lessons.
• Please read course descriptions carefully and select courses that match the skater’s ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
• If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
• If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up

Skaters will receive a ribbon award at the end of the course.

66 Program Access (Inclusion Services) 301-495-2581. | ProgramAccess@MontgomeryParks.org | TTY 301-439-0579
Parent and Tot Ice Skating
Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink
120009 3-5yrs 6 Classes $108 Saturday, Jun. 19 9-9:30 am
120010 3-5yrs 6 Classes $108 Saturday, Jun. 19 12:30-1 pm
120011 3-5yrs 6 Classes $108 Sunday, Jun. 20 11-11:30 am
120012 3-5yrs 6 Classes $108 Wednesday, Jun. 23 9:30-10 am

Preschool Ice Skating 2
Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves.

Wheaton Ice Arena
120158 3-5yrs 6 Classes $108 Saturday, Jun. 19 10:45-11:15 am
120155 3-5yrs 6 Classes $108 Sunday, Jun. 20 10:45-11:15 am
120156 3-5yrs 6 Classes $108 Sunday, Jun. 20 1:15-1:45 pm
120157 3-5yrs 6 Classes $108 Thursday, Jun. 24 4:15-4:45 pm

Preschool Ice Skating 3
Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink
120030 3-5yrs 6 Classes $108 Saturday, Jun. 19 10-10:30 am
120033 3-5yrs 6 Classes $108 Sunday, Jun. 20 11-11:30 am
120037 3-5yrs 6 Classes $108 Tuesday, Jun. 22 9:30-10 am
120038 3-5yrs 6 Classes $108 Tuesday, Jun. 22 12:30-1 pm
**Preschool Ice Skating 4**
Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

**Youth Ice Skating 2**
Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

**Youth Ice Skating 1**
This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are strongly recommended.

**Youth Ice Skating 3**
Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.
Youth Ice Skating 4
Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink
119792 4 - 12yrs 6 Classes $108 Saturday, Jun. 19 12:15-12:45 pm
119793 4 - 12yrs 6 Classes $108 Sunday, Jun. 20 11:30 am-12 pm
119798 4 - 12yrs 6 Classes $108 Sunday, Jun. 20 12:45-1:15 pm
119799 4 - 12yrs 6 Classes $108 Monday, Jun. 21 4:45-5:15 pm
119800 4 - 12yrs 6 Classes $108 Tuesday, Jun. 22 2-2:30 pm
119801 4 - 12yrs 6 Classes $108 Wednesday, Jun. 23 2-2:30 pm
119802 4 - 12yrs 6 Classes $108 Wednesday, Jun. 23 5-5:30 pm
119803 4 - 12yrs 6 Classes $108 Thursday, Jun. 24 4:15-4:45 pm

Wheaton Ice Arena
120223 6 - 11yrs 6 Classes $108 Saturday, Jun. 19 1:30-2 pm
120224 6 - 11yrs 6 Classes $108 Sunday, Jun. 20 11:15-11:45 am
120225 6 - 11yrs 6 Classes $108 Thursday, Jun. 24 4:45-5:15 pm
120226 6 - 11yrs 6 Classes $108 Friday, Jun. 25 5:45-6:15 pm

Youth Ice Skating 5
Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink
119804 4 - 12yrs 6 Classes $108 Saturday, Jun. 19 12:30-1 pm
119805 4 - 12yrs 6 Classes $108 Sunday, Jun. 20 11:30 am-12 pm
119806 4 - 12yrs 6 Classes $108 Sunday, Jun. 20 1:15-1:45 pm
119807 4 - 12yrs 6 Classes $108 Monday, Jun. 21 4:45-5:15 pm
120260 4 - 12yrs 6 Classes $108 Tuesday, Jun. 22 2-2:30 pm
119808 4 - 12yrs 6 Classes $108 Wednesday, Jun. 23 2:30-3 pm
119809 4 - 12yrs 6 Classes $108 Wednesday, Jun. 23 5:30-6 pm
119810 4 - 12yrs 6 Classes $108 Thursday, Jun. 24 4:15-4:45 pm

Wheaton Ice Arena
120238 6 - 11yrs 6 Classes $108 Saturday, Jun. 19 1:30-2 pm
120239 6 - 11yrs 6 Classes $108 Sunday, Jun. 20 11:15-11:45 am
120240 6 - 11yrs 6 Classes $108 Sunday, Jun. 20 1:15-1:45 pm
120241 6 - 11yrs 6 Classes $108 Sunday, Jun. 20 2-2:30 pm
120242 6 - 11yrs 6 Classes $108 Sunday, Jun. 20 5:30-6 pm
120243 6 - 11yrs 6 Classes $108 Sunday, Jun. 20 7-7:30 pm

Youth Ice Skating 6
Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink
119812 4 - 14yrs 6 Classes $162 Saturday, Jun. 19 12:30-1:15 pm
119813 4 - 14yrs 6 Classes $162 Monday, Jun. 21 5:15-6 pm
119814 4 - 14yrs 6 Classes $162 Thursday, Jun. 24 4:45-5:30 pm

Wheaton Ice Arena
120230 6 - 11yrs 6 Classes $108 Friday, Jun. 25 5:45-6:15 pm

Teen and Adult Ice Skating 1
This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

Cabin John Ice Rink
119971 13 & Up 6 Classes $108 Saturday, Jun. 19 11:30 am-12 pm
119972 13 & Up 6 Classes $108 Sunday, Jun. 20 12:15-12:45 pm
119974 13 & Up 6 Classes $108 Thursday, Jun. 24 6:30-7 pm

Wheaton Ice Arena
120178 13 & Up 6 Classes $108 Saturday, Jun. 19 12:45-1:15 pm
120177 13 & Up 6 Classes $108 Sunday, Jun. 20 1:15-1:45 pm

Teen and Adult Ice Skating 2
Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink
119970 13 & Up 6 Classes $108 Saturday, Jun. 19 11:30 am-12 pm
119973 13 & Up 6 Classes $108 Sunday, Jun. 20 12:15-12:45 pm
119975 13 & Up 6 Classes $108 Thursday, Jun. 24 6:30-7 pm

Wheaton Ice Arena
120180 13 & Up 6 Classes $108 Saturday, Jun. 19 12:45-1:15 pm
120179 13 & Up 6 Classes $108 Sunday, Jun. 20 1:15-1:45 pm

Teen and Adult Ice Skating 3
Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward classes on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink
119969 13 & Up 6 Classes $162 Saturday, Jun. 19 9:45-10:30 am
119976 13 & Up 6 Classes $162 Thursday, Jun. 24 7-7:45 pm

Wheaton Ice Arena
120181 13 & Up 6 Classes $108 Sunday, Jun. 20 1:15-1:45 pm
Teen and Adult Ice Skating Advanced
Prerequisite: Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pull, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119966 13 & Up 6 Classes $162 Saturday, Jun. 19 9:45 -10:30 am
119986 5 & Up 6 Classes $162 Saturday, Jun. 19 12:30-1:15 pm
119887 5 & Up 6 Classes $162 Monday, Jun. 21 6:45-7:30 pm
119988 5 & Up 6 Classes $162 Thursday, Jun. 24 4:45-5:30 pm

_Wheaton Ice Arena_
120166 5 & Up 6 Classes $108 Thursday, Jun. 24 6:45-7:15 pm
120167 5 & Up 6 Classes $108 Friday, Jun. 25 7:45-8:15 pm

Free Skate 1
Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119823 5 & Up 6 Classes $162 Saturday, Jun. 19 10:30 -11:15 am
119836 5 & Up 6 Classes $162 Monday, Jun. 21 6:45-7:30 pm
119839 5 & Up 6 Classes $162 Thursday, Jun. 24 5:45-6:30 pm

_Wheaton Ice Arena_
120146 5-99yrs 6 Classes $108 Thursday, Jun. 24 6:45-7:15 pm
120147 5 & Up 6 Classes $108 Friday, Jun. 25 7:45-8:15 pm

Teen and Adult Ice Skating 4
Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119967 13 & Up 6 Classes $162 Saturday, Jun. 19 9:45 -10:30 am
119977 13 & Up 6 Classes $162 Thursday, Jun. 24 7:45-8:30 pm

_Wheaton Ice Arena_
120183 13 & Up 6 Classes $108 Sunday, Jun. 20 4:15-4:45 pm

Free Skate 2
Prerequisite: Passed Free Skate 1. Skates will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119824 5 & Up 6 Classes $162 Saturday, Jun. 19 10:30 -11:15 am
119835 5 & Up 6 Classes $162 Monday, Jun. 21 6:45-7:30 pm

_Wheaton Ice Arena_
120148 5-99yrs 6 Classes $108 Thursday, Jun. 24 6:45-7:15 pm
120149 5 & Up 6 Classes $108 Friday, Jun. 25 7:45-8:15 pm

Free Skate 3
Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

_Cabin John Ice Rink_
119825 5 & Up 6 Classes $162 Saturday, Jun. 19 10:30 -11:15 am
119834 5 & Up 6 Classes $162 Monday, Jun. 21 6:45-7:30 pm

_Wheaton Ice Arena_
120150 5 & Up 6 Classes $108 Thursday, Jun. 24 6:45-7:15 pm
120151 5 & Up 6 Classes $108 Friday, Jun. 25 7:45-8:15 pm

Free Skate 4
Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

_Cabin John Ice Rink_
119827 5 & Up 6 Classes $162 Saturday, Jun. 19 10:30 -11:15 am
119833 5 & Up 6 Classes $162 Monday, Jun. 21 6:45-7:30 pm

_Wheaton Ice Arena_
120152 5 & Up 6 Classes $108 Friday, Jun. 25 7:45-8:15 pm

Free Skate 5
Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

_Cabin John Ice Rink_
119828 5 & Up 6 Classes $162 Saturday, Jun. 19 10:30 -11:15 am
119832 5 & Up 6 Classes $162 Monday, Jun. 21 6:45-7:30 pm

_Wheaton Ice Arena_
120153 5 & Up 6 Classes $108 Friday, Jun. 25 7:45-8:15 pm
Free Skate 6
Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

_Cabin John Ice Rink_
119829  5 & Up  6 Classes $162  Saturday, Jun. 19  10:30-11:15 am
119831  5 & Up  6 Classes $162  Monday, Jun. 21  6:45-7:30 pm

Teen and Adult Free Skate
Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119965  13 & Up  6 Classes $162  Saturday, Jun. 19  9:45 -10:30 am

Jumping 1
Prerequisite: Passed Free Skate 1. Work on waltz jump, salchow jump, toe-loop jump, loop jump and half-loop jumps. Build basic combo jumps using toe-loop and half-loop jumps. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119984  5 & Up  6 Classes $108  Saturday, Jun. 19  11:30 am-12 pm
_Wheaton Ice Arena_
120170  5 & Up  6 Classes $108  Thursday, Jun. 24  7:15-7:45 pm

Jumping 2
Prerequisite: Passed Jumping 1 or Free Skate 4. In this advanced class, work on split or stag jump, flip, lutz, and axel preparation and jump. Build combo jumps with a loop jump. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
119985  5 & Up  6 Classes $108  Saturday, Jun. 19  11:30 am-12 pm
_Wheaton Ice Arena_
120171  5 & Up  6 Classes $108  Thursday, Jun. 24  7:15-7:45 pm

Jumping 3
Prerequisite: Passed Jumping 2 or Free Skate 5. In this advanced class, work on two and three jump combinations, axel, wallies, and connecting footwork into jumps. Fee includes skate rental. Skaters will receive an electronic punch pass that can be redeemed on a freestyle session registration (no additional practice time is given for this class).

_Wheaton Ice Arena_
120172  5 & Up  6 Classes $108  Thursday, Jun. 24  7:15-7:45 pm

Spins 1
Prerequisite: Passed Free Skate 1. This figure skating class will help skaters learn to develop spins. Work on one-foot spin, scratch spin, back spin and sit spin. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
120003  5 & Up  6 Classes $108  Saturday, Jun. 19  11:30 am-12 pm
_Wheaton Ice Arena_
120174  5 & Up  6 Classes $108  Thursday, Jun. 24  7:15-7:45 pm

Spins 2
Prerequisite: Passed Spins 1 or Free Skate 4. In this class, skaters will work on change foot spins, back scratch spins, attitude spins, camel spins, and camel-sit spin combinations; and work on new positions for your future spins. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
120007  5 & Up  6 Classes $108  Saturday, Jun. 19  11:30 am-12 pm
_Wheaton Ice Arena_
120175  5 & Up  6 Classes $108  Thursday, Jun. 24  7:15-7:45 pm

Spins 3
Prerequisite: Passed Spins 2 or Free Skate 5. In this class, skaters will work on change foot sit and camel spins, layback spins, flying camel spins, flying sit spins, and advanced sit and camel spin feature positions. Fee includes skate rental (if needed) plus a skating practice card.

_Cabin John Ice Rink_
120008  5 & Up  6 Classes $108  Saturday, Jun. 19  11:30 am-12 pm
Ice Hockey Classes • Summer 2021

WHAT DOES “FULL GEAR” INCLUDE?

Full gear includes a caged hockey helmet, shoulder pads, elbow pads, shin guards, hockey gloves, hockey pants, hockey skates, and a stick cut to the skater’s height. A mouthguard and protective cup are also recommended. Full gear is required starting with Hockey 3.

Programs are subject to change. For the most up-to-date listings visit: CabinJohnIce.org or WheatonIce.org

Hockey 1
Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater’s height, and hockey skates.

<table>
<thead>
<tr>
<th>Cabin John Ice Rink</th>
<th>119948 4-12yrs 6 Classes $114</th>
<th>Saturday, Jun. 19 9:15-9:45 am</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>119953 4-12yrs 6 Classes $114</td>
<td>Sunday, Jun. 20 12:45-1:15 pm</td>
</tr>
<tr>
<td></td>
<td>119955 4-12yrs 6 Classes $114</td>
<td>Tuesday, Jun. 22 4:30-5 pm</td>
</tr>
<tr>
<td></td>
<td>119957 4-12yrs 6 Classes $114</td>
<td>Wednesday, Jun. 23 6:15-6:45 pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wheaton Ice Arena</th>
<th>120197 6-11yrs 6 Classes $108</th>
<th>Saturday, Jun. 19 10:15-10:45 am</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>120198 6-11yrs 6 Classes $108</td>
<td>Sunday, Jun. 20 3:45-4:15 pm</td>
</tr>
<tr>
<td></td>
<td>120196 6-11yrs 6 Classes $108</td>
<td>Thursday, Jun. 24 4:45-5:15 pm</td>
</tr>
</tbody>
</table>

Hockey 2
Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder pads, elbow pads, shin guards, hockey gloves, flat stick cut to skater’s height, and hockey skates; protective cup and mouthguard recommended.

<table>
<thead>
<tr>
<th>Cabin John Ice Rink</th>
<th>119949 4-12yrs 6 Classes $114</th>
<th>Saturday, Jun. 19 9:15-9:45 am</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>119954 4-12yrs 6 Classes $114</td>
<td>Sunday, Jun. 20 1:15-1:45 pm</td>
</tr>
<tr>
<td></td>
<td>119956 4-12yrs 6 Classes $114</td>
<td>Tuesday, Jun. 22 5:30-5:55 pm</td>
</tr>
<tr>
<td></td>
<td>120257 4-12yrs 6 Classes $114</td>
<td>Wednesday, Jun. 23 6:15-6:45 pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wheaton Ice Arena</th>
<th>120200 6-11yrs 6 Classes $108</th>
<th>Saturday, Jun. 19 10:15-10:45 am</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>120201 6-11yrs 6 Classes $108</td>
<td>Sunday, Jun. 20 3:45-4:15 pm</td>
</tr>
</tbody>
</table>
**Hockey 3**
Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater’s height, and hockey skates.

**Cabin John Ice Rink**
119950 4 - 12yrs 6 Classes $162 Saturday, Jun. 19 8 - 8:45 am
119959 4 - 12yrs 6 Classes $162 Tuesday, Jun. 22 5:45-6:30 pm

**Wheaton Ice Arena**
120202 6 - 11yrs 6 Classes $108 Saturday, Jun. 19 10:45 -11:15 am

**Hockey 4**
Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater’s height, and hockey skates.

**Cabin John Ice Rink**
119951 4 - 12yrs 6 Classes $162 Saturday, Jun. 19 8 -8:45 am
119960 4 - 12yrs 6 Classes $162 Tuesday, Jun. 22 6:30-7:15 pm
119962 4 - 12yrs 6 Classes $162 Wednesday, Jun. 23 6:45-7:30 pm

**Hockey Advanced**
Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater’s height, and hockey skates.

**Cabin John Ice Rink**
119952 4 - 12yrs 6 Classes $162 Saturday, Jun. 19 8 -8:45 am
119961 4 - 12yrs 6 Classes $162 Tuesday, Jun. 22 7:15-8 pm
119963 4 - 12yrs 6 Classes $162 Wednesday, Jun. 23 6:45-7:30 pm

**Hockey Offensive Skills**
Prerequisite: Passed Scrimmage or Hockey 3. Hockey offensive skills gives serious players more real-time, hands-on instruction. Learn the of stick handling, winning puck battles, goal scoring, and offensive plays with other players who want to excel. Full gear required.

**Cabin John Ice Rink**
119854 5 - 12yrs 6 Classes $108 Saturday, Jun. 19 8:45 -9:15 am
Hockey Offensive Skills (age 13 & up)
Prerequisite: Passed Scrimmage or Hockey 3. Hockey offensive skills gives serious players more real-time, hands-on instruction. Learn the of stick handling, winning puck battles, goal scoring, and offensive plays with other players who want to excel. Full gear required.

Cabin John Ice Rink
119855 13 - 98yrs 6 Classes $108 Saturday, Jun. 19 8:45 - 9:15 am

Hockey Stickhandling and Passing
Prerequisite: Passed Hockey 1. This class focuses on proper technique for stickhandling and passing. Skaters will learn individual skills including proper grips and maneuvering with a puck as well as fundamental passing skills with other players. No game experience is needed. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

Cabin John Ice Rink
119856 4 - 12yrs 6 Classes $108 Saturday, Jun. 19 8:45 - 9:15 am

Teen Hockey Skating and Skills
Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink
119845 13 - 18yrs 6 Classes $162 Wednesday, Jun. 23 7:30 - 8:15 pm

Teen and Adult Hockey Skating and Skills
Prerequisite: Passed Teen & Adult Introductory Hockey. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink
119846 13 & Up 6 Classes $162 Saturday, Jun. 19 8:45 - 9:45 am

Adult Hockey Skating and Skills
Prerequisite: Passed Teen & Adult Introductory Hockey. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink
119851 18 & Up 6 Classes $162 Wednesday, Jun. 23 8:15 - 9: pm
Tennis Group Lessons • Summer 2021

Pauline Betz Addie Tennis Center
7801 Democracy Blvd.
Bethesda, MD 20817
CabinJohnTennis.org
301-765-8650

Wheaton Indoor Tennis
11715 Orebaugh Ave.
Wheaton, MD 20902
WheatonTennis.org
301-905-3030

Programs are subject to change. For the most up-to-date listings visit:
CABINJONHTENNIS.ORG OR WHEATONTENNIS.ORG

SUMMER CLASS DATES
Summer I Classes       June 19 - July 18th
Summer II Classes      July 27 - August 23
July 4                  Closed/No classes

SUMMER ONLINE REGISTRATION DATES
www.ActiveMONTGOMERY.org
Summer I Registration  June 8 - July 18
Summer II Registration June 8 - July 19
If you register for Summer I after June 18 or Summer II after July 19, you must register in person at the facility and you will be charged a $10 non-refundable service fee. No new enrollments are accepted after the second session of class.

On your First Day of Class...
• Bring a racquet and water bottle.
• Wear proper footwear and athletic clothes.

COURSE FEES COVER
• Four group lessons
• Summer II classes meet twice a week for one hour over three weeks.
• Starter racquet’s available for purchase

PLEASE NOTE
• No make-ups or refunds for missed lessons.
• Please read course descriptions carefully and select courses that match player ability and experience.
• At the end of each class series, the player will receive an evaluation recommending your next class.
• If you see a class you like, register! Classes may be canceled if a minimum enrollment is not met.

Youth Tennis, Parent & Child
Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls)

Pauline Betz Addie Tennis
119448 4 - 6yrs  4 Classes $96  Saturday, Jun. 19  2-3 pm
119449 4 - 6yrs  4 Classes $96  Sunday, Jun. 20  2-3 pm
119446 4 - 6yrs  4 Classes $96  Monday, Jun. 21  5-6 pm
119447 4 - 6yrs  4 Classes $96  Wednesday, Jun. 23  5-6 pm
119941 4 - 6yrs  4 Classes $96  Wednesday, Jul. 21  5-6 pm
119442 4 - 6yrs  4 Classes $96  Saturday, Jul. 24  2-3 pm
119943 4 - 6yrs  4 Classes $96  Sunday, Jul. 25  2-3 pm
119940 4 - 6yrs  4 Classes $96  Monday, Jul. 26  5-6 pm

Wheaton Indoor Tennis
119539 4 - 6yrs  4 Classes $82  Saturday, Jun. 19  11 am-12 pm
119540 4 - 6yrs  4 Classes $82  Sunday, Jun. 20  11 am-12 pm
119541 4 - 6yrs  4 Classes $82  Monday, Jun. 21  5-6 pm
119542 4 - 6yrs  4 Classes $82  Tuesday, Jun. 22  7-8 pm
119538 4 - 6yrs  4 Classes $82  Wednesday, Jun. 23  5-6 pm
119574 4 - 6yrs  4 Classes $82  Wednesday, Jul. 21  5-6 pm
119575 4 - 6yrs  4 Classes $82  Saturday, Jul. 24  11 am-12 pm
119576 4 - 6yrs  4 Classes $82  Sunday, Jul. 25  11 am-12 pm

Youth Tennis, Beginner
For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Pauline Betz Addie Tennis
119454 7 - 10yrs  4 Classes $90  Monday, Jun. 21  5-6 pm
119455 7 - 10yrs  4 Classes $90  Tuesday, Jun. 22  5-6 pm
119453 5 - 7yrs  4 Classes $90  Friday, Jun. 25  5-6 pm
119917 5 - 7yrs  4 Classes $90  Friday, Jul. 23  5-6 pm
### Youth Tennis, Beginner 5-7
Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, serving and receiving, rallies, skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119451</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Saturday, Jun. 19</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119452</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Sunday, Jun. 20</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119920</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Saturday, Jul. 24</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119921</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Sunday, Jul. 25</td>
<td>9-10 am</td>
</tr>
</tbody>
</table>

### Wheaton Indoor Tennis

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119544</td>
<td>5-7yrs</td>
<td>$74</td>
<td>Saturday, Jun. 19</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119580</td>
<td>5-7yrs</td>
<td>$74</td>
<td>Saturday, Jul. 24</td>
<td>9-10 am</td>
</tr>
</tbody>
</table>

### Youth Tennis, Beginner 7-10
Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, serving and receiving, rallies, skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119456</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Saturday, Jun. 19</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119457</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Sunday, Jun. 20</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119922</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Saturday, Jul. 24</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119923</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Sunday, Jul. 25</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119918</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Monday, Jul. 26</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119919</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Tuesday, Jul. 27</td>
<td>5-6 pm</td>
</tr>
</tbody>
</table>

### Wheaton Indoor Tennis

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119545</td>
<td>7-10yrs</td>
<td>$74</td>
<td>Sunday, Jun. 20</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119546</td>
<td>7-10yrs</td>
<td>$74</td>
<td>Tuesday, Jun. 22</td>
<td>6-7 pm</td>
</tr>
<tr>
<td>119581</td>
<td>7-10yrs</td>
<td>$74</td>
<td>Sunday, Jul. 25</td>
<td>9-10 am</td>
</tr>
<tr>
<td>119582</td>
<td>7-10yrs</td>
<td>$74</td>
<td>Tuesday, Jul. 27</td>
<td>6-7 pm</td>
</tr>
</tbody>
</table>

### Youth Tennis, Intermediate 5-7
Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119460</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Wednesday, Jun. 23</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119461</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Thursday, Jun. 24</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119925</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Wednesday, Jul. 21</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119926</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Thursday, Jul. 22</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119927</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Saturday, Jul. 24</td>
<td>10-11 am</td>
</tr>
<tr>
<td>119928</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Sunday, Jul. 25</td>
<td>10-11 am</td>
</tr>
<tr>
<td>119929</td>
<td>5-7yrs</td>
<td>$90</td>
<td>Tuesday, Jul. 27</td>
<td>5-6 pm</td>
</tr>
</tbody>
</table>

### Wheaton Indoor Tennis

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119548</td>
<td>5-7yrs</td>
<td>$74</td>
<td>Saturday, Jun. 19</td>
<td>10-11 am</td>
</tr>
<tr>
<td>119568</td>
<td>5-7yrs</td>
<td>$74</td>
<td>Saturday, Jul. 24</td>
<td>10-11 am</td>
</tr>
</tbody>
</table>

### Youth Tennis, Intermediate 7-10
Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119467</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Saturday, Jun. 19</td>
<td>11 am-12 pm</td>
</tr>
<tr>
<td>119468</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Sunday, Jun. 20</td>
<td>11 am-12 pm</td>
</tr>
<tr>
<td>119464</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Monday, Jun. 21</td>
<td>6-7 pm</td>
</tr>
<tr>
<td>119465</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Tuesday, Jun. 22</td>
<td>6-7 pm</td>
</tr>
<tr>
<td>119466</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Wednesday, Jun. 23</td>
<td>6-7 pm</td>
</tr>
<tr>
<td>119932</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Wednesday, Jul. 21</td>
<td>6-7 pm</td>
</tr>
<tr>
<td>119933</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Saturday, Jul. 24</td>
<td>11 am-12 pm</td>
</tr>
<tr>
<td>119934</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Sunday, Jul. 25</td>
<td>11 am-12 pm</td>
</tr>
<tr>
<td>119930</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Monday, Jul. 26</td>
<td>6-7 pm</td>
</tr>
<tr>
<td>119931</td>
<td>7-10yrs</td>
<td>$90</td>
<td>Tuesday, Jul. 27</td>
<td>6-7 pm</td>
</tr>
</tbody>
</table>

### Wheaton Indoor Tennis

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119549</td>
<td>7-10yrs</td>
<td>$74</td>
<td>Sunday, Jun. 20</td>
<td>10-11 am</td>
</tr>
<tr>
<td>119585</td>
<td>7-10yrs</td>
<td>$74</td>
<td>Saturday, Jul. 25</td>
<td>10-11 am</td>
</tr>
</tbody>
</table>

### Youth Tennis, Advanced 7-10
Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119474</td>
<td>7-10yrs</td>
<td>$96</td>
<td>Saturday, Jun. 19</td>
<td>12-1 pm</td>
</tr>
<tr>
<td>119476</td>
<td>7-10yrs</td>
<td>$96</td>
<td>Sunday, Jun. 20</td>
<td>3-4 pm</td>
</tr>
<tr>
<td>119475</td>
<td>7-10yrs</td>
<td>$96</td>
<td>Friday, Jun. 25</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119915</td>
<td>7-10yrs</td>
<td>$96</td>
<td>Friday, Jul. 23</td>
<td>5-6 pm</td>
</tr>
<tr>
<td>119914</td>
<td>7-10yrs</td>
<td>$96</td>
<td>Saturday, Jul. 24</td>
<td>12-1 pm</td>
</tr>
<tr>
<td>119916</td>
<td>7-10yrs</td>
<td>$96</td>
<td>Sunday, Jul. 25</td>
<td>3-4 pm</td>
</tr>
</tbody>
</table>

### Wheaton Indoor Tennis

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Age</th>
<th>Cost</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>119551</td>
<td>7-10yrs</td>
<td>$82</td>
<td>Sunday, Jun. 20</td>
<td>11 am-12 pm</td>
</tr>
<tr>
<td>119587</td>
<td>7-10yrs</td>
<td>$82</td>
<td>Sunday, Jul. 25</td>
<td>11 am-12 pm</td>
</tr>
</tbody>
</table>
### Youth Tennis, Intro to Match Play 7-10
Prerequisite: Passed Youth Tennis, Intermediate. It’s time to put your skills into play. Learn the basics of match play using the USTA’s Junior Team Tennis (JTT) format, where everyone earns points for the team. The focus will be on positioning, serve-and-return, and movement in both singles and doubles using a combination of Red and Orange Ball formats based on age and ability level.

**Pauline Betz Addie Tennis**
- **119470** 7 - 10yrs 4 Classes $90 Saturday, Jun. 19 10-11 am
- **119469** 7 - 10yrs 4 Classes $90 Sunday, Jun. 20 10-11 am
- **119471** 7 - 10yrs 4 Classes $90 Friday, Jun. 25 6-7 pm
- **119937** 7 - 10yrs 4 Classes $90 Friday, Jul. 23 6-7 pm
- **119936** 7 - 10yrs 4 Classes $90 Saturday, Jul. 24 10-11 am
- **119939** 7 - 10yrs 4 Classes $90 Sunday, Jul. 25 10-11 am

### Youth Tennis, More Match Play 7-10
Prerequisite: Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

**Pauline Betz Addie Tennis**
- **119472** 7 - 10yrs 4 Classes $96 Saturday, Jun. 19 11 am-12 pm
- **119473** 7 - 10yrs 4 Classes $96 Monday, Jun. 21 6-7 pm
- **119938** 7 - 10yrs 4 Classes $96 Saturday, Jul. 24 11 am-12 pm
- **119939** 7 - 10yrs 4 Classes $96 Monday, Jul. 26 6-7 pm

### Beginner 1 Tennis, Pre-Teen/Teen
Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads, and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

**Pauline Betz Addie Tennis**
- **119479** 11 - 14yrs 4 Classes $90 Sunday, Jun. 20 2-3 pm
- **119480** 11 - 14yrs 4 Classes $90 Sunday, Jun. 20 1-2 pm
- **119477** 11 - 14yrs 4 Classes $90 Monday, Jun. 21 6-7 pm
- **119478** 11 - 14yrs 4 Classes $90 Tuesday, Jun. 22 5-6 pm
- **119876** 11 - 14yrs 4 Classes $90 Sunday, Jul. 25 2-3 pm
- **119877** 11 - 14yrs 4 Classes $90 Sunday, Jul. 25 1-2 pm
- **119874** 11 - 14yrs 4 Classes $90 Monday, Jul. 26 6-7 pm
- **119875** 11 - 14yrs 4 Classes $90 Tuesday, Jul. 27 5-6 pm

### Beginner 2 Tennis, Pre-Teen/Teen
Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

**Pauline Betz Addie Tennis**
- **119483** 11 - 14yrs 4 Classes $90 Tuesday, Jun. 22 6-7 pm
- **119484** 11 - 14yrs 4 Classes $90 Thursday, Jun. 24 5-6 pm
- **119884** 11 - 14yrs 4 Classes $90 Thursday, Jul. 22 5-6 pm
- **119883** 11 - 14yrs 4 Classes $90 Tuesday, Jul. 27 6-7 pm

### Intermediate Tennis, Pre-Teen/Teen
Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

**Pauline Betz Addie Tennis**
- **119488** 11 - 14yrs 4 Classes $90 Saturday, Jun. 19 12-1 pm
- **119492** 11 - 14yrs 4 Classes $90 Saturday, Jun. 19 1-2 pm
- **119489** 11 - 14yrs 4 Classes $90 Sunday, Jun. 20 12-1 pm
- **119493** 11 - 14yrs 4 Classes $90 Sunday, Jun. 20 1-2 pm
- **119490** 11 - 14yrs 4 Classes $90 Wednesday, Jun. 23 6-7 pm
- **119487** 11 - 14yrs 4 Classes $90 Thursday, Jun. 24 6-7 pm
- **119491** 11 - 14yrs 4 Classes $90 Thursday, Jun. 24 6-7 pm
- **119887** 11 - 14yrs 4 Classes $90 Wednesday, Jul. 21 6-7 pm
- **119886** 11 - 14yrs 4 Classes $90 Sunday, Jul. 25 12-1 pm
- **119888** 11 - 14yrs 4 Classes $90 Sunday, Jul. 25 1-2 pm
- **119897** 11 - 14yrs 4 Classes $90 Thursday, Jul. 22 6-7 pm
- **119899** 11 - 14yrs 4 Classes $90 Thursday, Jul. 22 6-7 pm
- **119898** 11 - 14yrs 4 Classes $90 Saturday, Jul. 24 12-1 pm
- **119900** 11 - 14yrs 4 Classes $90 Saturday, Jul. 24 1-2 pm

### Intermediate Tennis, Pre-Teen/Teen
Prerequisite: Passed Beginner 2. Players in this class have a solid foundation in tennis and are ready to improve consistency, accuracy, and technical mastery of their strokes and footwork. The focus will be on learning additional shots, including slices, topspin, cross-court, down-the-line groundstrokes, plus a variety of serves.

**Wheaton Indoor Tennis**
- **119556** 11 - 14yrs 4 Classes $74 Saturday, Jun. 19 12-1 pm
- **119592** 11 - 14yrs 4 Classes $74 Saturday, Jul. 24 12-1 pm
**Intro to Match Play, Pre-Teen/Teen**
Prerequisite: Passed Intermediate Tennis or Instructor Approval. Time to put your skills into play. Learn the basics of match play using USTA’s Junior Team Tennis (JTT) format. The focus will be on positioning and strategy for full court play in both singles and doubles. By the end of this class, you should be ready for the fun of playing official Junior Team Tennis on a team with new friends.

**Pauline Betz Addie Tennis**
119496 11 - 14yrs 4 Classes $148 Saturday, Jun. 19 4-5:30 pm
119497 11 - 14yrs 4 Classes $96 Saturday, Jun. 19 1-2 pm
119901 11 - 14yrs 4 Classes $148 Saturday, Jul. 24 4-5:30 pm
119902 11 - 14yrs 4 Classes $96 Saturday, Jul. 24 1-2 pm

**More Match Play, Pre-Teen/Teen**
Prerequisite: Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

**Pauline Betz Addie Tennis**
119498 11 - 14yrs 4 Classes $148 Saturday, Jun. 19 5:30-7 pm
119499 11 - 14yrs 4 Classes $96 Friday, Jun. 25 6-7 pm
119912 11 - 14yrs 4 Classes $148 Saturday, Jul. 24 5:30-7 pm

**Advanced Match Play, Pre-Teen/Teen**
Prerequisite: Passed Intermediate , More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

**Pauline Betz Addie Tennis**
119502 11 - 14yrs 4 Classes $96 Saturday, Jun. 19 2-3 pm
119503 11 - 14yrs 4 Classes $96 Sunday, Jun. 20 11 am-12 pm
119500 11 - 14yrs 4 Classes $96 Tuesday, Jun. 22 6-7 pm
119501 11 - 14yrs 4 Classes $96 Thursday, Jun. 24 6-7 pm
119863 11 - 14yrs 4 Classes $96 Thursday, Jul. 22 6-7 pm
119864 11 - 14yrs 4 Classes $96 Saturday, Jul. 24 2-3 pm
119865 11 - 14yrs 4 Classes $96 Sunday, Jul. 25 11 am-12 pm
119862 11 - 14yrs 4 Classes $96 Tuesday, Jul. 27 6-7 pm

**Wheaton Indoor Tennis**
119557 11 - 14yrs 4 Classes $164 Tuesday, Jun. 22 5-7 pm
119593 11 - 14yrs 4 Classes $164 Tuesday, Jul. 27 5-7 pm

**Beginner 1 Tennis, High School**
For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

**Pauline Betz Addie Tennis**
119482 15 - 18yrs 4 Classes $90 Saturday, Jun. 19 3-4 pm
119485 15 - 18yrs 4 Classes $90 Friday, Jun. 25 6-7 pm
119882 15 - 18yrs 4 Classes $90 Sunday, Jul. 25 12-1 pm

**Beginner 2 Tennis, High School**
Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

**Pauline Betz Addie Tennis**
119486 15 - 18yrs 4 Classes $90 Sunday, Jun. 20 12-1 pm
119485 15 - 18yrs 4 Classes $90 Friday, Jun. 25 6-7 pm
119882 15 - 18yrs 4 Classes $90 Sunday, Jul. 25 12-1 pm

**Intermediate Tennis, High School**
Prerequisite: Passed Beginner 2. Players in this class have a solid foundation in tennis and are ready to improve consistency, accuracy, and technical mastery of their strokes and footwork. The focus will be on learning additional shots, including slices, topspin, cross-court, down-the-line groundstrokes, plus a variety of serves.

**Pauline Betz Addie Tennis**
119494 15 - 18yrs 4 Classes $90 Saturday, Jun. 19 2-3 pm
119495 15 - 18yrs 4 Classes $90 Wednesday, Jun. 23 6-7 pm
119896 15 - 18yrs 4 Classes $90 Wednesday, Jul. 21 6-7 pm
119895 15 - 18yrs 4 Classes $90 Saturday, Jul. 24 2-3 pm
**Advanced Match Play, High School**
Prerequisite: Passed Intermediate, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

**Pauline Betz Addie Tennis**
- 119505 15 - 18yrs 4 Classes $96 Sunday, Jun. 20 3-4 pm
- 119504 15 - 18yrs 4 Classes $96 Thursday, Jun. 24 5-6 pm
- 119860 15 - 18yrs 4 Classes $96 Thursday, Jul. 22 5-6 pm
- 119861 15 - 18yrs 4 Classes $96 Sunday, Jul. 25 3-4 pm

**Wheaton Indoor Tennis**
- 119558 15 - 18yrs 4 Classes $164 Tuesday, Jun. 22 5-7 pm
- 119594 15 - 18yrs 4 Classes $164 Tuesday, Jul. 27 5-7 pm

**Beginner 1 Tennis, Adult (NTRP 2.0)**
Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

**Pauline Betz Addie Tennis**
- 119508 18 & Up 4 Classes $90 Sunday, Jun. 20 10-11 am
- 119506 18 & Up 4 Classes $90 Tuesday, Jun. 22 7-8 pm
- 119507 18 & Up 4 Classes $90 Thursday, Jun. 24 7-8 pm
- 119870 18 & Up 4 Classes $90 Thursday, Jul. 22 7-8 pm
- 119871 18 & Up 4 Classes $90 Sunday, Jul. 25 10-11 am
- 119869 18 & Up 4 Classes $90 Tuesday, Jul. 27 7-8 pm

**Wheaton Indoor Tennis**
- 119560 18 & Up 4 Classes $74 Sunday, Jun. 20 1-2 pm
- 119559 18 & Up 4 Classes $74 Wednesday, Jun. 23 7-8 pm
- 119595 18 & Up 4 Classes $74 Wednesday, Jul. 21 7-8 pm
- 119596 18 & Up 4 Classes $74 Sunday, Jul. 25 1-2 pm

**Beginner 2 Tennis, Adult (NTRP 2.5)**
This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

**Pauline Betz Addie Tennis**
- 119511 18 & Up 4 Classes $90 Sunday, Jun. 20 11 am-12 pm
- 119509 18 & Up 4 Classes $90 Tuesday, Jun. 22 8-9 pm
- 119510 18 & Up 4 Classes $90 Thursday, Jun. 24 7-8 pm
- 119879 18 & Up 4 Classes $90 Thursday, Jul. 22 7-8 pm
- 119880 18 & Up 4 Classes $90 Sunday, Jul. 25 11 am-12 pm
- 119878 18 & Up 4 Classes $90 Tuesday, Jul. 27 8-9 pm

**Wheaton Indoor Tennis**
- 119562 18 & Up 4 Classes $74 Sunday, Jun. 20 9-10 am
- 119563 18 & Up 4 Classes $74 Monday, Jun. 21 12-1 pm
- 119561 18 & Up 4 Classes $74 Thursday, Jun. 24 6-7 pm
- 119597 18 & Up 4 Classes $74 Thursday, Jul. 22 6-7 pm
- 119598 18 & Up 4 Classes $74 Sunday, Jul. 25 9-10 am
- 119599 18 & Up 4 Classes $74 Monday, Jul. 26 12-1 pm

**Intermediate Tennis, Adult (NTRP 3.0+)**
Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

**Pauline Betz Addie Tennis**
- 119516 18 & Up 5 Classes $90 Saturday, Jun. 19 12-1 pm
- 119517 18 & Up 4 Classes $90 Sunday, Jun. 20 12-1 pm
- 119512 18 & Up 4 Classes $90 Monday, Jun. 21 7-8 pm
- 119513 18 & Up 4 Classes $90 Tuesday, Jun. 22 7-8 pm
- 119514 18 & Up 4 Classes $90 Wednesday, Jun. 23 7-8 pm
- 119515 18 & Up 4 Classes $90 Thursday, Jun. 24 8-9 pm
- 119891 18 & Up 4 Classes $90 Wednesday, Jul. 21 7-8 pm
- 119892 18 & Up 4 Classes $90 Thursday, Jul. 22 8-9 pm
- 119893 18 & Up 4 Classes $90 Saturday, Jul. 24 12-1 pm
- 119894 18 & Up 4 Classes $90 Sunday, Jul. 25 12-1 pm
- 119889 18 & Up 4 Classes $90 Monday, Jul. 26 7-8 pm
- 119890 18 & Up 4 Classes $90 Tuesday, Jul. 27 7-8 pm

**Wheaton Indoor Tennis**
- 119565 18 & Up 4 Classes $74 Tuesday, Jun. 22 12-1 pm
- 119564 18 & Up 4 Classes $74 Thursday, Jun. 24 11 am-12 pm
- 119600 18 & Up 4 Classes $74 Thursday, Jul. 22 11 am-12 pm
- 119601 18 & Up 4 Classes $74 Tuesday, Jul. 27 12-1 pm

**Intermediate Tennis, Adult (NTRP 3.0+)**
Prerequisite: Passed Beginner 2, Adult or a 3.5 NTRP level player. Player has dependable strokes, but needs work on depth, variety, and consistency for power. Can play singles and doubles, but needs to improve net play, shot selection, and serve.

**Pauline Betz Addie Tennis**
- 119522 18 & Up 4 Classes $90 Saturday, Jun. 19 1-2 pm
- 119885 18 & Up 4 Classes $90 Saturday, Jul. 24 1-2 pm

**Wheaton Indoor Tennis**
- 119566 18 & Up 4 Classes $74 Wednesday, Jun. 23 8-9 pm
- 119567 18 & Up 4 Classes $74 Thursday, Jun. 24 12-1 pm
- 119568 18 & Up 4 Classes $74 Thursday, Jun. 24 7-8 pm
- 119602 18 & Up 4 Classes $74 Wednesday, Jul. 21 8-9 pm
- 119603 18 & Up 4 Classes $74 Thursday, Jul. 22 12-1 pm
- 119604 18 & Up 4 Classes $74 Thursday, Jul. 22 7-8 pm
Advanced Tennis, Adult (NTRP 4.0 & Up)
Prerequisite: Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on fine-tuning use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Pauline Betz Addie Tennis
119526 18 & Up 4 Classes $192 Saturday, Jun. 19 10 am-12 pm
119524 18 & Up 4 Classes $96 Monday, Jun. 21 8-9 pm
119525 18 & Up 4 Classes $96 Wednesday, Jun. 23 8-9 pm
119867 18 & Up 4 Classes $96 Saturday, Jul. 24 10 am-12 pm

Match Play 3.0 Tennis
The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Pauline Betz Addie Tennis
119531 18 & Up 4 Classes $96 Sunday, Jun. 20 2-3 pm
119527 18 & Up 4 Classes $192 Monday, Jun. 21 7-9 pm
119528 18 & Up 4 Classes $96 Tuesday, Jun. 22 7-8 pm
119529 18 & Up 4 Classes $96 Wednesday, Jun. 23 8-9 pm
119530 18 & Up 4 Classes $96 Thursday, Jun. 24 7-8 pm
119905 18 & Up 4 Classes $96 Wednesday, Jul. 21 8-9 pm
119906 18 & Up 4 Classes $96 Thursday, Jul. 22 7-8 pm
119907 18 & Up 4 Classes $96 Thursday, Jul. 25 7-8 pm
119903 18 & Up 4 Classes $192 Monday, Jul. 26 7-9 pm
119904 18 & Up 4 Classes $96 Tuesday, Jul. 27 7-8 pm

Wheaton Indoor Tennis
119569 18 & Up 4 Classes $164 Monday, Jun. 21 7-9 pm
119605 18 & Up 4 Classes $164 Monday, Jul. 26 7-9 pm

Match Play 3.5 Tennis
The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Pauline Betz Addie Tennis
119532 18 & Up 4 Classes $96 Monday, Jun. 21 8-9 pm
119533 18 & Up 4 Classes $96 Tuesday, Jun. 22 8-9 pm
119534 18 & Up 4 Classes $192 Wednesday, Jun. 23 7-8 pm
119535 18 & Up 4 Classes $96 Thursday, Jun. 24 8-9 pm
119910 18 & Up 4 Classes $192 Wednesday, Jul. 21 7-9 pm
119911 18 & Up 4 Classes $96 Thursday, Jul. 22 8-9 pm
119908 18 & Up 4 Classes $96 Monday, Jul. 26 8-9 pm
119909 18 & Up 4 Classes $96 Tuesday, Jul. 27 8-9 pm

Wheaton Indoor Tennis
119571 18 & Up 4 Classes $164 Tuesday, Jun. 22 7-9 pm
119607 18 & Up 4 Classes $164 Tuesday, Jul. 27 7-9 pm

Adult Cardio Tennis
This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Pauline Betz Addie Tennis
119536 18 & Up 4 Classes $96 Saturday, Jun. 19 9-10 am
119537 18 & Up 4 Classes $96 Sunday, Jun. 20 9-10 am
119858 18 & Up 4 Classes $96 Saturday, Jul. 24 9-10 am
119859 18 & Up 4 Classes $96 Sunday, Jul. 25 9-10 am

Wheaton Indoor Tennis
119573 18 & Up 4 Classes $82 Sunday, Jun. 20 10-11 am
119609 18 & Up 4 Classes $82 Sunday, Jul. 25 10-11 am
PAYMENT INFORMATION

• Full payment must be made at time of registration. Do not submit registrations and/or payments to Parks or Recreation instructors.
• For Montgomery County Recreation activities, non-county residents must pay an additional $15 per activity per participant. This fee does not apply to Montgomery Parks activities.
• CHECKS & MONEY ORDERS
  - Make checks and money orders payable to ActiveMONTGOMERY.
  - Checks and money orders must include name, address, and telephone number.
  - If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee. Payment by check constitutes authorization of these transactions. You may revoke your authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due.
  - Please allow two weeks to receive a refund by check.
• CREDIT CARDS: Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.
• Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.

3 WAYS TO REGISTER

1. ONLINE - Credit Card payment only
Register 24 hours a day, seven days a week for all activities at www.ActiveMONTGOMERY.org.

2. BY MAIL - Check or money order payment only
Fill out and sign the registration form and mail it to: ActiveMONTGOMERY • 2425 Reedie Drive, 10th Floor, Wheaton, MD 20902

3. LIMITED IN-PERSON*- customers may register or purchase memberships offered by Montgomery Parks and Montgomery County Recreation Administrative Office: 2425 Reedie Drive, 10th Floor, Wheaton, MD 20902 • Parks locations offering activities that require registration. See the Parks "Facility Directory" for these locations.
*Due to COVID-19 restrictions, visit our websites for current information before heading out.

WITHDRAWALS & REFUNDS

<table>
<thead>
<tr>
<th>Withdrawal Time Frame</th>
<th>Withdrawal Reason &amp; Method</th>
<th>Refund Amount</th>
<th>Refund Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any</td>
<td>Activity Canceled by Parks or Recreation</td>
<td>Full Refund</td>
<td>Refund may be applied to customer’s ActiveMONTGOMERY account; or returned in same form as payment rendered.</td>
</tr>
<tr>
<td>At least 5 (five) business days before activity begins</td>
<td>Any reason, ONLINE</td>
<td>Full Refund</td>
<td>If payment was made by credit card...Refund will be applied to credit card.</td>
</tr>
<tr>
<td>Less than 5 business days before activity begins</td>
<td>Parks: Withdraw in person at the hosting facility. Recreation: Email <a href="mailto:Rec.FinanceOffice@MontgomeryCountyMD.gov">Rec.FinanceOffice@MontgomeryCountyMD.gov</a> or withdraw in person at Rec HDQ.</td>
<td>Refund Less $25 Withdrawal Fee</td>
<td>Activity fee is $25 or less...Refund will be applied to customer’s ActiveMONTGOMERY account.</td>
</tr>
</tbody>
</table>

Questions?
800-666-5222 (8:30am-4:30pm) or 301-495-2580 (3pm-4pm) or email Info@ActiveMONTGOMERY.org

The withdrawal and refund policies above pertain to all Parks and Recreation activities and rentals, unless otherwise noted in the activity description or facility rental agreement.
Use this form to register for BOTH Montgomery Parks AND Montgomery County Recreation activities.*
Use este formulario para actividades de LOS DOS Montgomery Parks Y Montgomery County Recreation.*

* Required Info | Info Requerida

Check here if this is a new address, phone number or email address. Please print. This form may be copied.

Last Name | Apellido *
First Name | Nombre *
Birthday | Fecha de nacimiento (mm/dd/yy) *
Email

Address | Dirección *
City | Ciudad *
State | Estado *
ZIP | Código Postal *

Home Phone | Teléfono de Casa *
Work Phone | Teléfono de Trabajo
Cell Phone | Celular

Name | Nombre
Relationship | Relación
Phone | Tel.

No Credit Cards accepted via Phone, Fax, or Mail * Required Info | Información requerida

American Indian/Alaskan Native
Asian
Black or African American
Hispanic or Latino or Spanish Origin of Any Race
Native Hawaiian or Other Pacific Islander
White
Two or More Races
Other ________________________________

Total Program Fees: Cantidad Total:

Total Program Fees $______________________
Non-Resident/Other Fees $______________________
Check # ____________________ $_______________
Total Fees Due $______________________

Make checks and money orders payable to: ActiveMONTGOMERY.
Mail checks to: 2425 Reedie Drive, 10th Floor, Wheaton, MD 20902

Will you need an ADA (Americans with Disabilities Act) disability accommodation (trained support staff, sign language interpreters, companion, Braille/large print, adaptive equipment, assistive listening/auxiliary devices, and/or audio description?)

Yes  No

ADA Requests for Montgomery Parks
To request an accommodation for M-NCPC, Montgomery Parks programs you must contact the Program Access Office at 301-495-2477 or email ProgramAccess@montgomeryparks.org.

ADA Requests for Montgomery Country Recreation
To request an accommodation for Montgomery County Recreation, you must contact the Therapeutic Recreation and Inclusion Services Office at 240-777-6870 or email rec.mainstream@montgomerycountymd.gov.

*SIGNATURE IS REQUIRED* I *SE REQUIERE LA FIRMA*
Participant or Parent/Guardian Signature | Firmante o Padre/Guardián Firma

The participant assumes all risks associated with participation in the program; neither the County nor Montgomery Parks/M-NCPC assumes any liability for injury or damages arising from participation in the program. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment. The participant also consents to the County and Montgomery Parks/M-NCPC’s use of the participant’s image and likeness as shown in any photographs, videotapes, motion picture film, or electronic images, and any audio recordings made of the participant’s voice in whatever way the County and Montgomery Parks/M-NCPC desires, including television, print and Internet websites. Furthermore, the participant consents that such photographs, films, recordings, electronic images shall be the sole property of the County and Montgomery Parks/M-NCPC. If the participant is a minor, the parent of guardian approves his or her participation in the program. Neither the instructor nor any staff are responsible for children prior to or after scheduled program.

El participante asume todos los riesgos asociados con la participación en el programa; ninguno ni el Condado ni Montgomery Parks/M-NCPC asume cualquier responsabilidad de lesiones daños debido a su participación en el programa. Debido a la naturaleza persistente de algunas actividades se alenta a consultar con un médico, se alenta a que cada participante consulte con su doctor sobre su capacidad física de participar en el programa. El participante consiente el tratamiento de emergencia. El participante también consiente que el Condado y Montgomery Parks/M-NCPC utilice las imágenes del participante y la posibilidad de mostrar fotografías videos, películas o imágenes electrónicas, y cualquier grabación de audio que se haga de la voz del participante en cualquier forma que el Condado y Montgomery Parks/M-NCPC desee, incluyendo televisión, impresos, páginas del internet. Además, el participante consiente que las fotos, películas, grabaciones, imágenes electrónicas serán propiedad única del Condado.