



INSTRUCTIONS FOR GROUP LESSON STUDENTS

What to wear - To protect skaters from cold temperatures, injury from skate blades and rough ice in the event of falling, long pants, long sleeves or a jacket, gloves or mittens and hats should be worn. Rink staff strongly recommends the use of bicycle type helmets be worn as added protection.



Arrival Time - For your first ice skating lesson, we strongly recommend that you come in 30 minutes prior to the start of your lesson. For the remaining lessons we recommend at least 10 to 15 minutes prior to the lesson time in order to get skates on for the lesson, and be on the ice at the time of their lesson.

Where to go - You should stop by the front desk on your first lesson to receive a "Practice Card" (a parent will need to sign it out) as well as receive instruction as to where to meet your instructor. It is important that you bring your lesson card with you each week as it will enable you to pick up your rental skates. The first class for Tot, Parent & Tot, Pre-Alpha and Pre-Alpha Plus students (beginners) will be devoted primarily to checking the fit of each student's skates and proper lacing of the boots. Your skill level will also be assessed in the first class to be sure you are in the correct level. During the last lesson, students will be evaluated. Please note it often takes several series of lessons at the same level to be able to acquire all the skills necessary to pass to the next level. Students will be awarded a ribbon upon completion of each level.

Practice - In order to improve their skills, it is important that each student take advantage of the FREE practice sessions. These practice sessions allow the student 6 or 9 (dependant on the length of class) free admissions and skate rentals to any general/public session. The practice card is valid only during the lesson series you are currently enrolled in.

Skate Fitting - Skates should be ½ to 1 size smaller than the skater's actual shoe size. Skaters should wear one pair of thin socks or tights for maximum support. A skate should have loose laces down to the toe before being put on, and then tightly re-laced with the tongue straight up. If a skater's heel lifts up and down or there is inadequate ankle support, a smaller ice skate should be worn. Please wait until the skate is properly laced to determine if a larger size is required.



Refunds/Make-ups - There are no refunds on class lessons when a student is absent, even if the student is ill. Our programs DO NOT permit the opportunity for makeup lessons. A \$5.00 transfer fee will be assessed for the switching of classes.

INCLEMENT WEATHER POLICY - We follow Montgomery County government closings, not school closings. Please log on to our website at www.WheatonIceArena.com or call us at 301-905-3000 for up-to-date information regarding closures. Please note: If our building loses power, our phones do not work and you will hear a busy signal. We will also keep you up-to-date on Facebook (search "Wheaton Ice Arena").

GROUP LESSON DATES

Fall 1 2011

Registration Dates August 16 – September 6
(Montgomery County Residents only August 16)
Class Dates September 8 – October 22
NO CLASSES September 29, October 7 - 8

Fall 2 2011

Registration Dates October 23 – October 31
(Montgomery County Residents only October 23)
Class Dates November 2 – December 18
NO CLASSES November 23 – November 27

Winter 1 2012

Registration Dates December 19 – January 4
(Montgomery County Residents only December 19)
Class Dates January 6 – February 16

Winter 2 2012

Registration Dates February 17 – February 23
(Montgomery County Residents only February 17)
Class Dates February 25 – April 16
NO CLASSES March 31 – April 9

Spring 2012

Registration Dates April 17 – April 25
(Montgomery County Residents only April 17)
Class Dates April 27 – June 11
NO CLASSES May 25 – May 28

Registrations can be made at www.ParkPASS.org or in person at the facility.
Registration requests after the registration period ends will need to be made in person and will incur a \$10.00 administrative fee. Transfers will incur a \$5 fee.