

CANCELLED

ADDED



Cabin John Ice Rink Stick N Puck Schedule

ALL ON THE NHL RINK (except where noted)

FEBRUARY 2012

YO = YOUTH ONLY
(ages 13 and Under)
and/or GL Students

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 6:45-7:45AM	3 6-7:30AM 2:45-3:45PM	4 6:30-7:30AM (OLY)
5 4:30-6PM	6 6-7:30AM	7 6-7:30AM	8	9 6:45-7:45AM	10 6-7:30AM 2:45-3:45PM	11 6:30-7:30AM (OLY)
12	13 6-7:30AM	14 6:45-7:45AM 2:45-4:15PM	15	16 6-7:30AM 2:45-4:15PM	17 6-7:30AM 2:45-4:15PM	18 6:30-8:00AM (OLY)
19	20 6-7:30AM 12:15-1:15P oly	21 6:45-7:45AM 2:45-4:15PM	22 2:45-4:15PM	23 6:45-7:45AM 2:45-4:15PM	24 6-7:30AM 2:45-4:15PM	25 6:30-7:30AM (OLY)
26 6:45-8:15PM	27 6-7:30AM 2:45-4:15PM	28 6-7:30AM 2:45-4:15PM	29 2:45-4:15PM			

Coaching of any kind is **STRICTLY PROHIBITED** except with a contracted M-NCPPC professional instructor.

Team practices and or organized drills are **PROHIBITED**.

No scrimmaging is allowed

Sign up for Stick-N-Puck will start 30 minutes prior to the start of the session

Sign up on a first come, first served basis

Skaters may use two punches from their group lesson practice cards for admission

Wristbands will be distributed & must be visible on skates; receipts without wristbands are **NOT** accepted

The maximum is set at 30 skaters & 2 goalies

No scrimmaging is allowed

GEAR REQUIREMENTS:

ADULTS (18 & older) - helmet, gloves and stick; KIDS – Full Gear (NO EXCEPTIONS)

NOTICES

** Wristbands will only be sold to skaters who are **IN LINE**

** Skaters may **NOT** purchase wristbands, or hold a slot in line, for skaters who are not in the facility

** Anyone entering the ice without paying will be asked to leave the facility & property

** Anyone assisting another person to skate without paying will be asked to leave the facility without a refund

** Cabin John is not responsible for lost or stolen items. There are lockers on the rinks to secure valuables. (they are 50 cents)

** Locker room doors will be locked by Facility Staff 15 minutes after the start of the session. If you arrive after this time, see the Front Desk Staff.

FEES:

Session Times

Skaters :	1 hr	\$8
	1.5hrs	\$12
	2hrs	\$16

CabinJohnIce.com

10610 Westlake Drive
Rockville, MD 20852
301-765-8620



Goalies - FREE

Ages: All (Unless Otherwise Noted)